

Commentary on Solitary Hero Yamantaka by Geshe Gyaltzen

11th of September - 10th of November 2023

September							October							November							December						
Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3						1			1	2	3	4	5					1	2	3	
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24
25	26	27	28	29	30	23	24	25	26	27	28	29	27	28	29	30	25	26	27	28	29	30	31				
							30	31																			

Activity /Activités	Time /Heure (Paris time)
Teaching / Enseignement: Mon. - Thu. / Lu - Je	15.30 - 17.45
Questions & Answers / Questions & réponse: Fri. / Ve	16.00 - 17.45
Récitation de la sadhana en français Ma & Je	11.00 - 12.15
Sadhana recitation in English Mo & Wed	11.00 - 12.15