

MONLAM PRAYER BOOK CHART

SESSION 1 (07:00- 08:00)	SESSION 2 (15:00- 17:30)	SESSION 3 (19:00- 20:00)
P 157, THE THREE CONTINUOUS PRACTICES,	P. 10, CROWN ORNAMENT FOR THE WISE,	P. 235, HUNDRED DEITIES OF TUSHITA
P. 162, PROSTRATIONS	P. 25, PRAISE OF BUDDHA (DAY 1 AND 3), P. 36, NOBLE MINDED COMPASSION (DAY 2)	P. 240, CLUSTER OF ATTAINMENTS
P. 174, GENERAL CONFESSION	P. 48, PRAYER TO MAITREYA (DAY 1 & 3), P. 60, PRAYER FOR BEGINNING, MIDDLE AND END (DAY 2)	P. 132, BATH OFFERING
P. 178, FOREMOST VICTORIOUS ONE	P. 249, GLORIOUS ONE OF THE THREE WORLDS	P. 271, SONG OF IMMORTALITY
P. 181 VERSES OF CONFESSION	P. 213, A HYMN OF EXPERIENCE	P. 281, REQUEST PRAYER TO HIS HOLINESS THE DALAI LAMA AND NAME MANTRA
P. 183 SIXTEEN ARHATS	P. 284, PRAISE TO 17 NALANDA MASTERS	(BOOKLET) SWIFT RETURN PRAYER FOR LAMA ZOPA RINPOCHE
P. 107, TORMA OFFERING TO DHARMA PROTECTORS	P. 73, SONG OF MYSTIC EXPERIENCE OF JE RINPOCHE	P; 107, TORMA OFFERING TO DHARMA PROTECTORS
P. 123 TORMA OFFERING TO LANDLORD	P;. 96, FOUNDATION OF ALL GOOD QUALITIES	P. 123, TORMA OFFERING TO LANDLORD
P. 266 PRAYER FOR JE TSONGKHAPA'S TEACHINGS	ABBOT'S PRAYERS	P. 266 PRAYER FOR JE TSONGKHAPA'S TEACHINGS
	P. 103, UNTIL BUDDHAHOOD	
	P. 128, PINNACLE OF VICTORY BANNER	