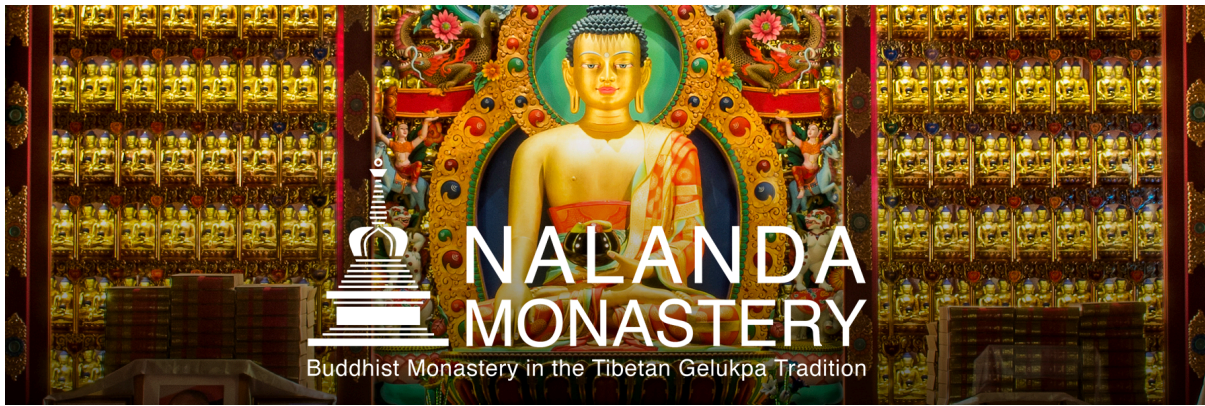


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APRIL 2024

NALANDA MONASTERY NEWS



"Inside us there's a mind going, 'Impossible, impossible. I can't, I can't.' We have to banish that mind from this solar system... Everything is possible... The power of the mind is incredible, limitless."

There's still time to register for **Ling Rinpoche's upcoming visit to Nalanda on July 6th and 7th**. Don't miss out!

Exciting events are lined up for this summer at Nalanda. We're thrilled to announce that **Ven. René Feusi** will lead a **retreat on calm abiding and bodhicitta** from **August 15th to 25th**.

Nalanda has the great fortune to fulfill another of Lama Zopa Rinpoche's holy wishes: Ven. Lektsok is now overseeing the **daily making of tsas-tsas for the sick and the deceased**.

On April 13th, we commemorated the **one-year anniversary of our precious Guru Lama Zopa Rinpoche's passing**, co-founder and spiritual master of the FPMT.

On May 11th, you are invited to join us for the presentation of **the Alice Project Universal Education School** by Valentino Giacomini, its founder. More information below!

And to conclude, there are still plenty opportunities to volunteer and study in Nalanda!

THE SUN OF WISDOM



H. E. Ling Rinpoche in the FPMT Longku Zentrum (Bern, Switzerland) in 2023.

**Enroll now for His Eminence Ling Rinpoche's visit to Nalanda on
July 6th and 7th, 2024!**

Program

Saturday, July 6, all day: Commentary on the Manjushri Praise
(*Gang lo ma*)

Sunday, July 7, morning: Celebration of the 89th birthday of
His Holiness the Dalai Lama

Sunday, July 7, afternoon: Manjushri initiation (*Jenang*)

Please use the following links to register:

Monastics

Lay

SILENT MIND, OPEN HEART



Ven. René Feusi in Nalanda.

From 15th to 25th of August, join us for a 10-day **calm abiding and bodhicitta retreat** with René Feusi, a renown former monk of Nalanda. Ven. René will mix focused, non-conceptual meditation techniques with guided, analytical meditations. It is open to both complete beginners and experienced practitioners!

"We will receive blessing and inspiration with the practice of Guru Yoga, develop inner peace, become aware of how our emotional disturbance arises due to a mistaken perception on how things exist, and gradually remove those mistaken perceptions and cultivate a totally open heart."

[Enrol here](#)

[Read more](#)

The main focus of the meditations is to cultivate **calm abiding**, an extremely pliant state of mind, as well as the **mind of enlightenment**, a universal, compassionate aspiration to benefit others.

PRAYING FOR THE SICK AND THE DECEASED



Nalanda Monastery is happy to fulfill **one more of the holy wishes of Lama Zopa Rinpoche.**

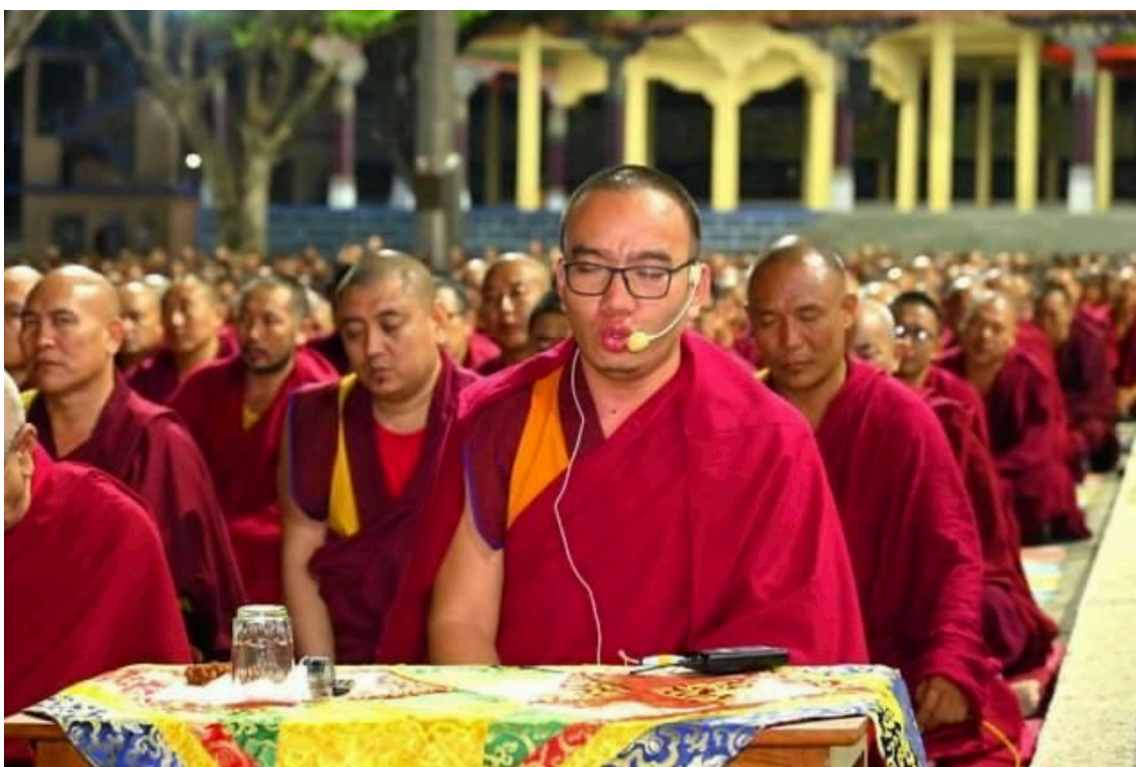
In order **to benefit the sick and the mind stream of the deceased**, Rinpoche requested many years ago to make daily small filled stupas, three long-life deity tsas-tsas, and thirteen Mitukpa tsas-tsas. He also requested to make each month eight Medicine Buddhas tsa-tsas, and on the full moon one 12-inch Padmasambhava tsa-tsa.

Based on the FPMT Prayers for the dead and the Daily dedication for the sick lists, Ven. Letksok, a monk of Nalanda, very kindly accepted to take charge of this highly meaningful project.

[Click here](#) if you wish to add a name to the Prayers for the dead list.



CALLING THE GURU FROM AFAR



Ven. Genden Dargey, the chanting master who came for the first Gelug Monlam festival at Nalanda, leading the prayers commemorating the parinirvana of Lama Zopa Rinpoche.

On Saturday 13th of April, all the FPMT centers including Nalanda Monastery as well as various other monasteries, like Sera Jey, have commemorated **the first anniversary of Lama Zopa Rinpoche's parinirvana.**

All these virtuous activities were dedicated for the swift return of our precious Guru.

Nalanda has organized a full day program. After the screening of [the inspiring film "Mystic Tibet"](#), we had a Zoom meeting with some participants of the pilgrimage in Tibet, Massimo and Suzana Corona and Claudia Czuba. We then performed a Guru Puja and tsog that you can watch again [here](#).



The online meeting.



The altar for the Guru Puja.

JOIN OUR SPIRITUAL COMMUNITY



**NALANDA
MONASTERY**

Buddhist Monastery in the Tibetan Gelukpa Tradition

**DISCOVER OR DEEPEN
YOUR KNOWLEDGE OF
BUDDHISM**

HELP THE MONASTERY

**JOIN A SPIRITUAL
COMMUNITY**

VOLUNTEER *at* **NALANDA**

**FOR MORE
INFORMATION**

**WRITE TO
KYC@NALANDA-
MONASTERY.EU**



**NALANDA MONASTERY
36 RUE DU DR EMERY COMPAYRE
81500, LABASTIDE-SAINT-GEORGES, FRANCE**

Register here

MEET THE ALICE PROJECT

Nalanda Monastery will host a public presentation of **the Alice Project Universal Education School** by Valentino Giacomini, its founder, **on May 11th, at 14:00**. This amazing and unique educational research in India aims at developing a sustainable education and a culture of peace towards ourselves and others, and was approved and blessed by His Holiness the Dalai Lama. It will be a rare opportunity to meet Valentino and learn about the education of not only the brain, but the heart.



"I have visited Alice Project school in Varanasi. Valentino Giacomini really literally saved the life of hundreds of children, boys and girls."

Thubten Sherab

The event will be both on site and transmitted online. You can find the Zoom meeting link below.

[Zoom link](#)

[Learn more](#)

STUDY PROGRAMS



FPMT Exploring Buddhism

with Geshe Tenzin Namdak and Geshe Tenzin Losel

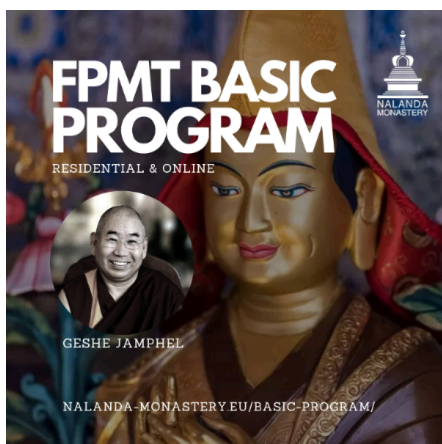
Join this special online long-term course that was co-developed by senior FPMT teachers. Conceived as a bridge between the foundation-level Discovering Buddhism and the FPMT Basic Program, the course presents selected topics that provide a strong basis for more advanced study. Teachings take place once a week, only online.

🔔 from **2nd May 2024** to **July 24th 2025**

👤 in English with translation in French

📶 online

information and
registration



FPMT Basic Program 2023-2028

with Geshe Jampel

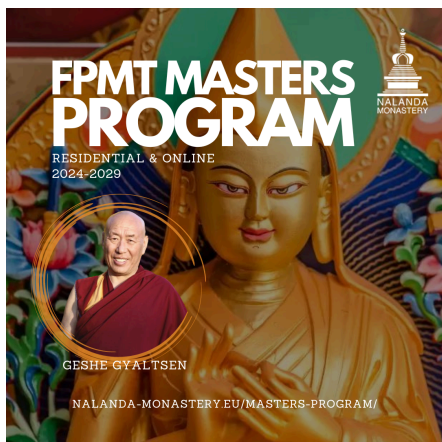
Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

🔔 ongoing

👤 in Tibetan with translation in English, French & Spanish

📶 in person and online

information and
registration



FPMT Masters Program 2024-2029

with Geshe Gyaltzen

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

 ongoing

 in Tibetan with translation in English and French

 retreat: in person | teachings: in person and online

information and
registration

Support Nalanda

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

Donate



Nalanda Monastery

36 Rue du Dr Emery Compayre, Rouzegas, 81500, Labastide St. Georges

Affiliated with the [FPMT](#)

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