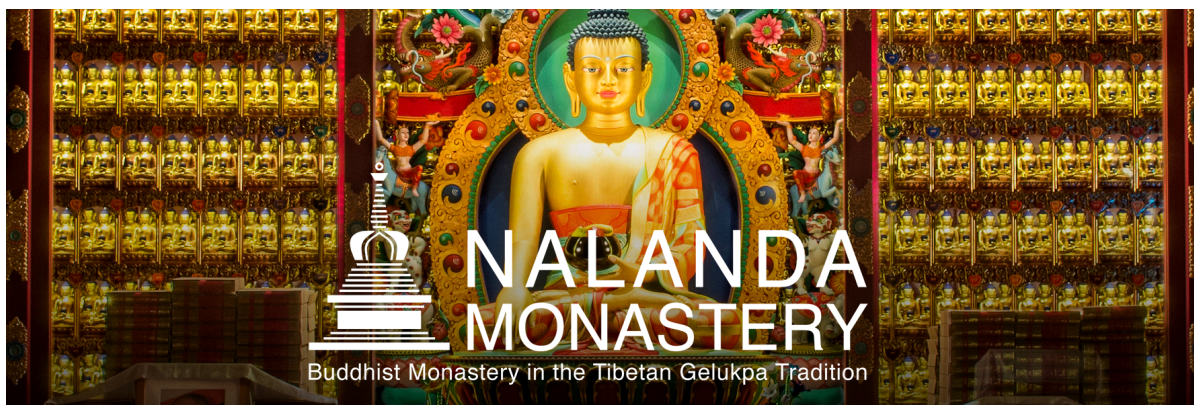


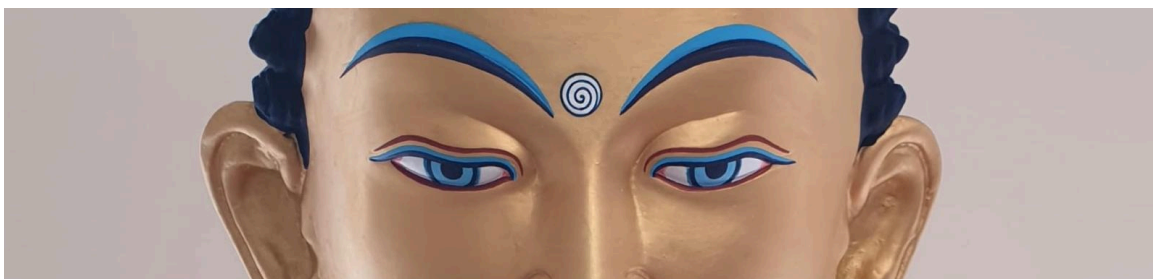
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MAY 2024

NALANDA MONASTERY NEWS



**"After waking from sleep and before you get out of bed, think:
Today I am going to use my body, speech and mind in virtue [for
sentient beings]."**

Gampopa, Milarepa's heart disciple

**"Everything then becomes virtue and the cause to
Enlightenment."**

Lama Zopa Rinpoche

On May 11th, you are invited to join us for the presentation of **the Alice Project Universal Education School** by Valentino Giacomini, its founder. More information below!

From 24th to 26th April, some Nalanda monks and representatives attended **the FPMT Planetary Crisis Summit** organised by the Jamyang Buddhist Centre London. Scroll down to read the inspiring account of this important event. You can also watch a short video about Nalanda's efforts to make its facilities more environmentally friendly and sustainable.

There's still time to register for **His Eminence Ling Rinpoche's upcoming visit to Nalanda on July 6th and 7th** and to enroll to Ven. René Feusi's **retreat on calm abiding and bodhicitta** from **August 15th to 25th**.

We are thrilled to announce that three persons, two of whom are Nalanda's students, **just took a getsul ordination** with our Abbot.

Mark your calendars for **Thursday 23rd May**, when Nalanda celebrates **Saka Dawa Day!**

And to conclude, there are still plenty opportunities to volunteer and study in Nalanda!

MEET THE ALICE PROJECT



Alice Project Universal Education School, 2022.

Nalanda Monastery will host a public presentation of **the Alice Project Universal Education School** by Valentino Giacomini, its founder, **on May 11th, at 14:00.**

This amazing and unique educational research in India aims at developing a sustainable education and a culture of peace towards ourselves and others, and was approved and blessed by His Holiness the Dalai Lama. It will be a rare opportunity to meet Valentino and learn about the education of not only the brain, but the heart.

Zoom link

Learn more

THE PLANETARY CRISIS SUMMIT

From 24th to 26th April, some Nalanda monks and representatives attended **the FPMT Planetary Crisis Summit** organised by the Jamyang Buddhist Centre London.

The three-day event began with an uplifting message from His Holiness the Dalai Lama, followed by presentations on the state of our planet and the various challenges that lie ahead.

Workshops and discussions made it clear that **Dharma practice and care for the planet are not separate issues**, but must go hand in hand. The ecological crisis we are facing is actually **a crisis of the mind**; the causes of all the problems humanity is facing today are really due to the delusions in our minds. **Without changing our self-cherishing attitudes, we cannot expect to succeed in saving our planet from human destructive activities.**

Many of us recognise the need for immediate action to save our planet and expressed how happy they are that this is now being discussed within the FPMT organisation. In fact, the solutions already exist in the teachings of the Buddhas, and therefore, as a Buddhist organisation, we have a tremendous potential to offer these solutions, which go beyond technical innovations and address the actual root of the problems we face today.

It was a tremendous inspiration to come together and create a space to discuss these challenges, to look for solutions and to learn what individuals and centres are already implementing at different levels. I was very inspired to see how the Jamyang Buddhist Centre London has made sustainability a priority in all their decisions. I leave with the feeling that together we can really make a difference.

I hope that these ecological discussions can also be held at Nalanda Monastery to see what we can do and how we can inspire others to act.

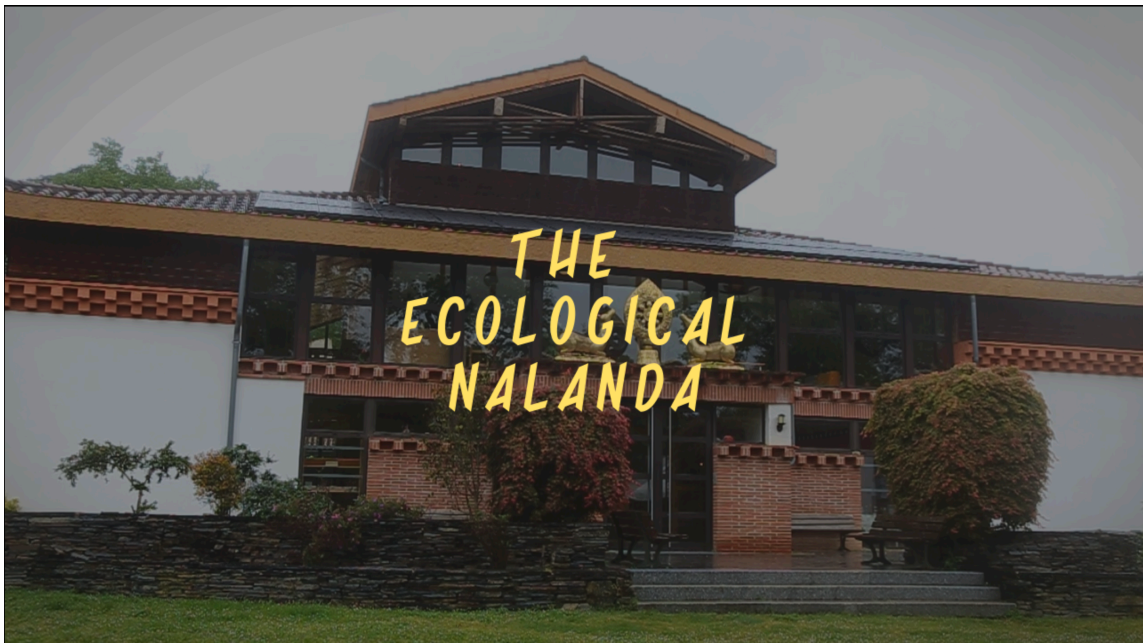
We can become an inspiring example of non-harm by adopting a lifestyle that cares for nature and respects planetary boundaries. We can create an inspiring vision for a greener, happier future, a planet where future generations can still enjoy the perfect conditions to practice Dharma.

Never give up!

Best wishes,

Tenzin Michael

THE ECOLOGICAL NALANDA



Ever since its first building was constructed, Nalanda has been concerned about **making the monastery a sustainable place**. Toine, one of the oldest residents of Nalanda and responsible for many of the plumbing and electrical work, has initiated and ensured many ecological developments. You can find on our YouTube channel a short video where he explains his work!

[Watch here](#)

THE SUN OF WISDOM



H. E. Ling Rinpoche in the FPMT Longku Zentrum (Bern, Switzerland) in 2023.

It is still possible to register for the coming of His Eminence Ling Rinpoche at Nalanda!

GB English, FR French and ES Spanish translation will be available during the event.

[Read more about the event here.](#)

Program

Saturday, July 6, all day: Commentary on the Manjushri Praise
(*Gang lo ma*)

Sunday, July 7, morning: Celebration of the 89th birthday of
His Holiness the Dalai Lama

Sunday, July 7, afternoon: Manjushri initiation (*Jenang*)

Please use the following links to register:

Monastics

Lay

It will also be possible **to follow online the day of 6 July**, devoted to the commentary on the Manjushri Praise.

To participate in Zoom, please [fill in the form](#). You will receive the link 24 hours before the teaching begins, and you will be able to make a donation towards the cost of the event if you wish.

SILENT MIND, OPEN HEART



Ven. René Feusi in Nalanda.

There are still a few places available for **the retreat on calm abiding and bodhicitta from 15 to 25 August** with Ven. René Feusi!

This retreat, consisting of non-conceptual concentration meditations combined with guided analytical meditations, is open to both complete beginners and experienced practitioners.

es Spanish translation will be available during the whole retreat.

It will be possible to **follow the retreat online**, for €10/day (€100 for eleven days). More information on the website soon!

Enrol here

Read more

NEW ORDINATIONS



On Friday 3rd May, which was a Guru puja day, two men and one woman took getsul ordination from our Abbot Geshe Jamphel.

We are very happy to welcome three new Sangha members in our community:

Ven. Losang Trinley (Joey)

Ven. Losang Jangchub (Benoît)

Ven. Losang Dadrön (Dominique)

We are sending them all our love and prayers to support their spiritual journey to Enlightenment!

May they bring immense benefits to sentient beings!

SAKA DAWA DAY



On **Thursday 23 May**, come and join us to celebrate **Saka Dawa** at Nalanda! This auspicious day commemorates Shakyamuni Buddha's birth, enlightenment, and parinirvana. The complete program for this event will be communicated soon. In the meanwhile, you can read or reread [FPMT's recomandations for this special merit-multiplying day.](#)

JOIN OUR SPIRITUAL COMMUNITY



**NALANDA
MONASTERY**

Buddhist Monastery in the Tibetan Gelukpa Tradition

**DISCOVER OR DEEPEN
YOUR KNOWLEDGE OF
BUDDHISM**

HELP THE MONASTERY

**JOIN A SPIRITUAL
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**FOR MORE
INFORMATION**

**WRITE TO
KYC@NALANDA-
MONASTERY.EU**



**NALANDA MONASTERY
36 RUE DU DR EMERY COMPAYRE
81500, LABASTIDE-SAINT-GEORGES, FRANCE**

Register here

STUDY PROGRAMS



FPMT Exploring Buddhism

with Geshe Tenzin Namdak and Geshe Tenzin Losel

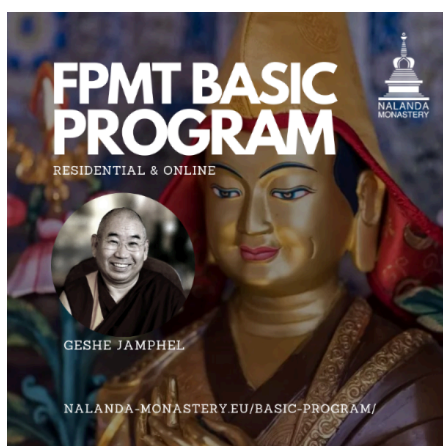
Join this special online long-term course that was co-developed by senior FPMT teachers. Conceived as a bridge between the foundation-level Discovering Buddhism and the FPMT Basic Program, the course presents selected topics that provide a strong basis for more advanced study. Teachings take place once a week, only online.

🔔 from **2nd May 2024** to **July 24th 2025**

👤 in English with translation in French

📶 online

information and
registration



FPMT Basic Program 2023-2028

with Geshe Jampel

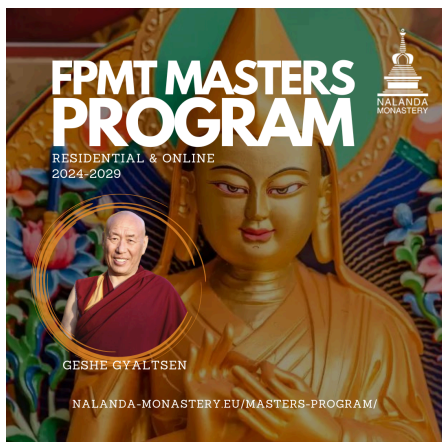
Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

🔔 ongoing

👤 in Tibetan with translation in English, French & Spanish

📶 in person and online


information and
registration



FPMT Masters Program 2024-2029

with Geshe Gyaltsen

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

 ongoing

 in Tibetan with translation in English and French

 retreat: in person | teachings: in person and online

information and
registration

Support Nalanda

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

Donate



Nalanda Monastery

36 Rue du Dr Emery Compayre, Rouzegas, 81500, Labastide St. Georges

Affiliated with the [FPMT](#)

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