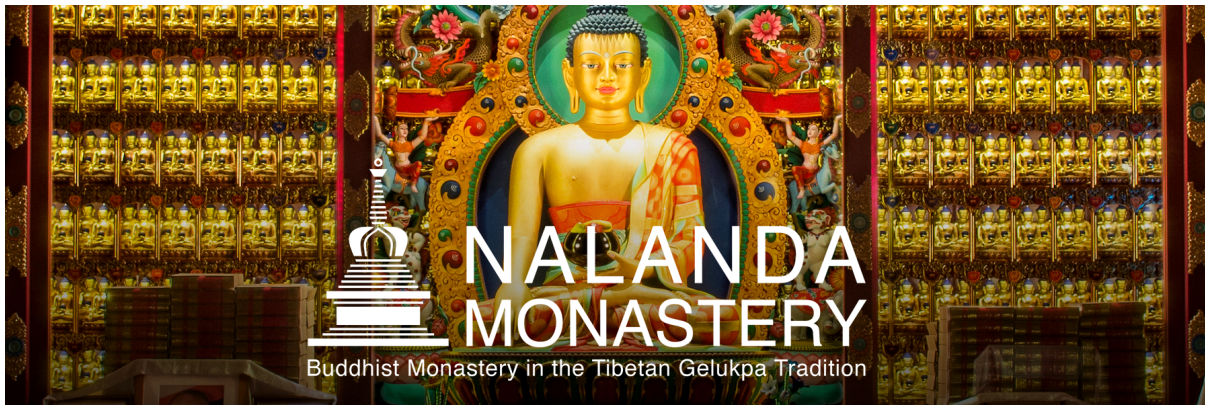


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JULY 2024

NALANDA MONASTERY NEWS



"The very name 'Maitreya' means loving-kindness. In today's world, we really need loving-kindness."

His Holiness the Dalai Lama

On Wednesday 3 July, **His Eminence Ling Rinpoche** arrived in Nalanda for a weekend of teachings and initiation. First photos and last information below.

For the occasion, we set up **five Victory banners**: Ven. Losang 'Czeck' Thubten tells us briefly about their meaning and purpose.

It is still possible to register to follow online the **retreat on calm abiding and bodhicitta**: how to free ourselves from disruptive emotions and open up to others to the point of wanting to achieve Enlightenment?

Having filled the base that will support **the human-sized statue of Maitreya** this autumn, we now need to build the "pagoda" that will house the manifestation of the loving-kindness of all the Buddhas. Scroll down to read about how to create a connection with the future Buddha.

And finally, learn more about **exciting opportunities to study Buddhist philosophy** in Nalanda this autumn.

THE SUN OF WISDOM SHINES ON NALANDA



Many Tibetan families came to welcome H. E. Ling Rinpoche at the airport this afternoon.



His Eminence Ling Rinpoche has been warmly welcomed to our monastery by the Sangha and lay communities of both Nalanda and Vajra Yogini Institute.

Complete program

Saturday, July 6

10:00-12:00: Commentary on the Manjushri Praise (*Gang lo ma*)

15:00-17:00: Teaching on Eight Verses of Thought Transformation

[Download the prayers](#)

Sunday, July 7

Morning: Celebration of the 89th birthday of His Holiness the Dalai Lama

Afternoon: Manjushri initiation (Jenang)

Tuesday, July 9: Celebration of *Chokhor Duchen*

5:00: Eight Mahayana precepts followed by *Ganden Lha Gyama*

10:30: Teaching on *Chokhor Duchen*

14:30: Animal Liberation

17:00: Chanting the Names of Manjushri

19:00: Guru Puja





If you have already registered :

On arrival, go to reception to check in and gain access to the tent.

If you are not registered :

You can still attend the course. On arrival, go to the welcome tent to pay your participation fee and gain access to the tent.

Please bring your own picnic, as registration for lunch is closed.

For English and Spanish translations, please bring a radio.

The text of the prayers for Saturday 6th can already be downloaded [here](#).



It will also be possible **to follow online the day of 6 July**, devoted to the commentary on the Manjushri Praise. To participate in Zoom, please [fill in the form](#). You will receive the link 24 hours before the teaching begins, and you will be able to make a donation towards the cost of the event if you wish.

If you wish, you can [make a donation](#) to offer a €5 electrical butter lamp for Chokhor Duchen's Guru Puja.

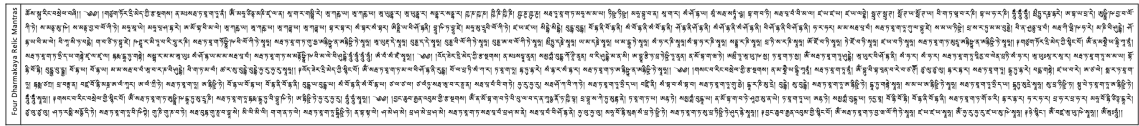


THE WIND OF VICTORY



On Guru Puja day, and in anticipation of Ling Rinpoche's arrival, Nalanda settled five victory banners on its grounds.

The jewel on top is filled with the Prayer for the Flourishing of Je Tsongkhapa's teachings and with the Four Dharmakaya Relic Mantras.



May the new victory banners placed at Nalanda Monastery bring peace, harmony, compassion and wisdom to all beings who see them, who are touched by the wind which moved them or who just think of them!

May all these merits be dedicated for the long and healthy life of His Holiness the Dalai Lama and the swift return and vast beneficial actions of Kyabje Zopa Rinpoche.

FOR A LOVING FUTURE



"One of the general benefits of building large Maitreya statues is that after Guru Shakyamuni Buddha's teachings no longer exist in the world, when Maitreya Buddha comes, those who have helped in the building of the statues will be some of the first disciples of Maitreya Buddha and receive the prediction of enlightenment directly from Maitreya Buddha..."

The more statues of Maitreya Buddha there are in the world the more it helps to minimize or stop wars, famine, diseases, tsunamis, fires, hurricanes, earthquakes, etc. in this very dark period when so many people suffer so much. Due to the result of building many Maitreya statues, this decreases the very dark time of so much suffering."

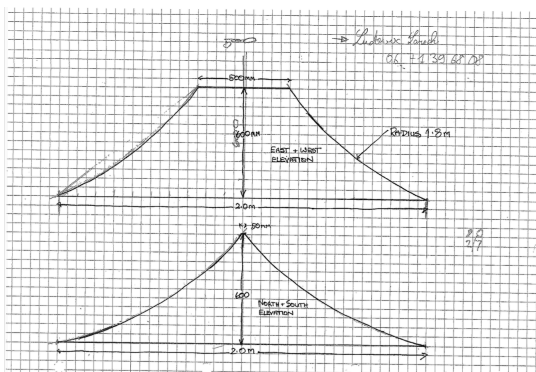
Lama Zopa Rinpoche



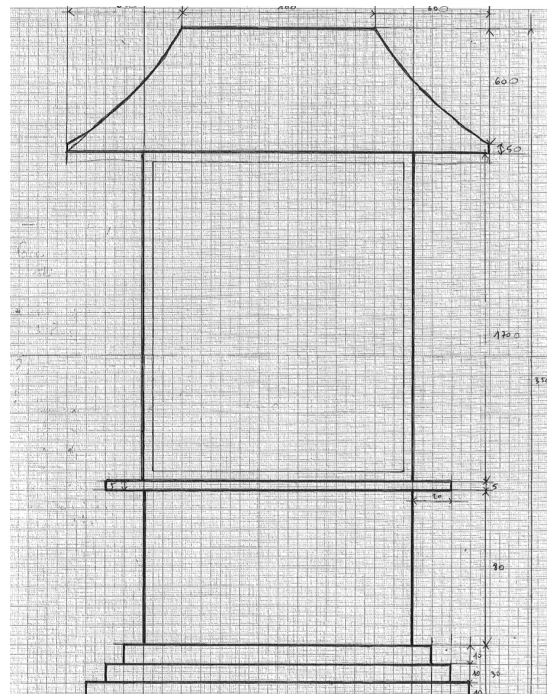
At Maitreya's Pure Land retreat centre in Nalanda, a life-size statue of Maitreya will rise this autumn to bless and protect the place.



Last month, we finished filling the base of the statue and sealed the granite slab on which the glass pagoda with its golden oriental roof will stand. This will be used to house the coming manifestation of the Buddha.



Plans of the pagoda that will shelter the Maitreya statue.



If you would like to accumulate merit by **helping to finance this pagoda**, you can send us a donation by selecting "Maitreya statue pagoda".

Donate

SILENT MIND, OPEN HEART



Ven. René Feusi in Nalanda.

Registrations for the [retreat on calm abiding and bodhicitta](#) from 15 to 25 August with Ven. René Feusi are now closed. However, there are still opportunities to **follow all or part of the retreat online**.

To follow the entire retreat online, please use the following link to register. Details of the Zoom meeting will be emailed to you 3 days before the retreat begins. GB English and ES Spanish translations will be available.

The suggested donation for the online retreat is 100€. However feel free to donate what suits you. Any contribution is appreciated!

Enrol here

Donate

Furthermore, **the evening teachings will be available on YouTube**. The playlist will be shared on [Nalanda's website](#).

EXCITING COURSE IN BUDDHIST PHILOSOPHY

Nalanda is pleased to announce the continuation of the FPMT Basic Program this **September 2024**, featuring **essential subjects in Buddhist philosophy**. Join us to delve deep into the wisdom of these profound teachings:

- **Mind and Cognition:** Explore the seven main divisions of consciousness and the intricate presentation of mind and mental factors.
- **Tenets:** Understand the Four Philosophical Schools of Buddhism, each offering specific insights into the nature of reality.

- **Heart Sutra:** Study the Essence of the Perfection of Wisdom Sutra, a cornerstone of Buddhist philosophy.



Discover the value of these topics through **a special video message** from Nalanda's Abbot, Khen Rinpoche Geshe Losang Jamphel:

GB English

FR French

ES Spanish

For more information about the course and enrollment details, please visit [our webpage](#) or contact us at basic-program@nalanda-monastery.eu.

Embark on your journey into the heart of Buddhist wisdom with Nalanda!

JOIN OUR SPIRITUAL COMMUNITY



**NALANDA
MONASTERY**

Buddhist Monastery in the Tibetan Gelukpa Tradition

**DISCOVER OR DEEPEN
YOUR KNOWLEDGE OF
BUDDHISM**

HELP THE MONASTERY

**JOIN A SPIRITUAL
COMMUNITY**

VOLUNTEER *at* **NALANDA**

**FOR MORE
INFORMATION**

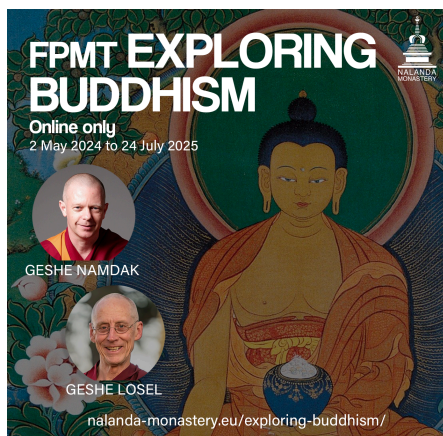
**WRITE TO
KYC@NALANDA-
MONASTERY.EU**



**NALANDA MONASTERY
36 RUE DU DR EMERY COMPAYRE
81500, LABASTIDE-SAINT-GEORGES, FRANCE**

Register here

STUDY PROGRAMS



FPMT Exploring Buddhism

with Geshe Tenzin Namdak and Geshe Tenzin Losel

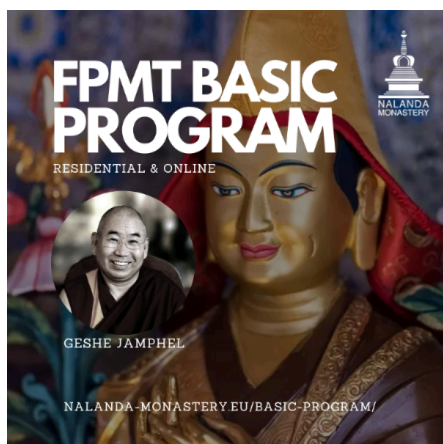
Join this special online long-term course that was co-developed by senior FPMT teachers. Conceived as a bridge between the foundation-level Discovering Buddhism and the FPMT Basic Program, the course presents selected topics that provide a strong basis for more advanced study. Teachings take place once a week, only online.

🔔 ongoing

👤 in English with translation in French

📶 online

information and
registration



FPMT Basic Program 2023-2028

with Geshe Jampel

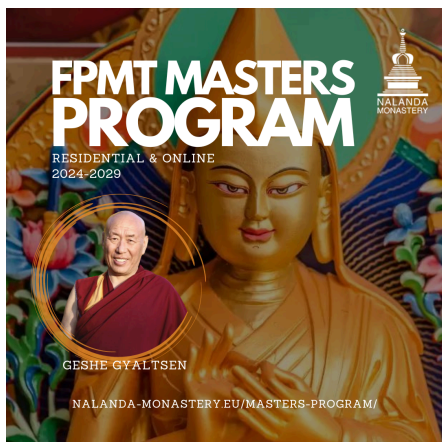
Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

🔔 ongoing

👤 in Tibetan with translation in English, French & Spanish

📶 in person and online

information and
registration



FPMT Masters Program 2024-2029

with Geshe Gyaltzen

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

 ongoing

 in Tibetan with translation in English and French

 retreat: in person | teachings: in person and online

information and
registration

Support Nalanda

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

Donate



Nalanda Monastery

36 Rue du Dr Emery Compayre, Rouzegas, 81500, Labastide St. Georges

Affiliated with the [FPMT](#)

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