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JANUARY 2025

NALANDA MONASTERY NEWS



**"Please bless me to see that this greatly meaningful body with
freedoms and riches
Is difficult to find and easily perishes."**

Dorje Chang Losang Jinpa

Dear {{ contact.FIRSTNAME | default : "reader" }}, please enjoy our latest news
and information:

Best wishes for the New Year!

Exploring Buddhism - Fundamentals of Reasoning and Debate

Starting on January 16, on site and online

The Seed of Gelug Monlam in the West

Watch now!

Second Gelug Monlam Festival: Registration is open!

11 - 15 March 2025

Spreading the love of Maitreya

Offering beauty for high Lamas

Guru Rinpoche to dispel obstacles

Sharing the daily life at Nalanda

Study Programs

BEST WISHES FOR THE NEW YEAR!



*The entire community of the Nalanda monastery wishes you
an excellent year 2025, good health and long life.*

*May the wisdom and compassion of the Dharma guide you
in all circumstances in order to constantly create the causes
for progress on the path to awakening.*

Geshe Lobsang Jamphel, Nalanda's abbot, gives advice on how to approach this new year:

"Think about keeping the best motivation, love, compassion and bodhicitta. Think positive, while seeing everything in your life as being good; don't think in negative ways. Please keep the best motivation, while doing meditation on bodhicitta and wisdom, with emptiness."

EXPLORING BUDDHISM - FUNDAMENTALS OF REASONING AND DEBATE

New module starting on January 16, on site and online

More information and registration



EXPLORING BUDDHISM – FUNDAMENTALS OF REASONING & DEBATE

You can join us at Nalanda or online for the next module of Exploring Buddhism starting on **Thursday, 16 January at 7.30pm**. The 3-month module will be led by **Geshe Losel** who will be teaching at Nalanda Monastery from 16 January for the first 6 weeks. After that, Geshe-la will be teaching **online** only.

Topics of the module:

- Understanding the three-fold structure of a classic text (refuting others' systems, presenting the author's own system and eliminating disputes)
 - Learning how to debate
- Introducing the basic Buddhist concepts drawn from Collected Topics
 - Introduction to Signs and Reasoning (Tarig)
- Understanding the progression from a wrong view, through the three types of doubt, to correct assumption and finally valid inference.

[More information and registration](#)

THE SEED OF GELUG MONLAM IN THE WEST



Last year, during the first Gelug Monlam Festival, we filmed interviews with our special guests and Geshes. Each month before the Second Gelug Monlam Festival, we put online a new episode of these interviews. You can now watch the third episode, **the interview of Nalanda's resident teacher Geshe Jamphel Gyaltzen.**

[Watch online](#)

SECOND GELUG MONLAM FESTIVAL: REGISTRATION IS OPEN!

"His Holiness was very moved to hear about the first Monlam, putting his hands in the mudra of prayer above his head when I explained and reciting prayers for some time silently."

Ven. Roger

Following Lama Zopa Rinpoche's holy wish to bring the Monlam to the West, last February, Nalanda Monastery initiated the tradition of the [Gelug Monlam Festival](#) in the West. Come and join us for the second edition of this historical event **from 11 to 15 March 2025! Registration is now open!**

[More information](#)

[Register here!](#)

SPREADING THE LOVE OF MAITREYA



The community of Nalanda for the inauguration and blessing of Maitreya's statue.

On the 24th of December 2024, a **human-sized statue of Maitreya** was installed in a pagoda at the entrance to Maitreya Pure Land, the retreat center of Nalanda Monastery.

Our Abbot Geshe Jamphel-la, Geshe Gyaltzen-la and some members of the Nalanda community consecrated and prayed to the future Buddha for the benefit of all sentient beings without exception.

May peace, compassion and wisdom increase in this world!



OFFERING BEAUTY FOR HIGH LAMAS

As we announced in our October 2024 newsletter, we have commissioned a **magnificent throne from Nepal** as a token of our devotion to [Ganden Trisur Rinpoche Lobsang Tenzin](#).

This throne will also be used for all the other great Lamas who will come to teach at Nalanda in the years to come and for future generations.

There is a shortfall of around €1,500 to cover the initial cost of €7,000. If you would like to take part in this magnificent offering and thus accumulate many merits, you can click [here \(select "Throne for high lamas"\)](#).



GURU RINPOCHE TO DISPEL OBSTACLES



Ven. Thubten is in charge of the project of Guru Rinpoche' statue.

Lama Zopa Rinpoche advised us to install a statue of **Guru Rinpoche** at the pond in Nalanda. This meaningful project is nearing completion: we expect to install the statue before the start of the Second Monlam Festival.

A big thank you to:

Venerable Thubten, who supervised the whole process, including the rolling of the mantras to fill the statue; Sonam Sharpa, who painted the tree of life inside

the statue; and all the people who kindly participated and made this project possible.

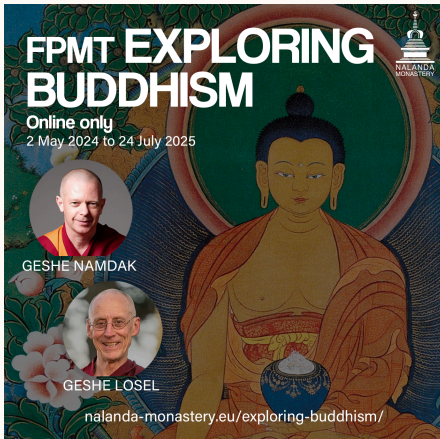


SHARING THE DAILY LIFE AT NALANDA



If you are interested in sharing the life of the Nalanda community and serving the monastery, please contact Benjamin at kyc@nalanda-monastery.eu.




STUDY PROGRAMS



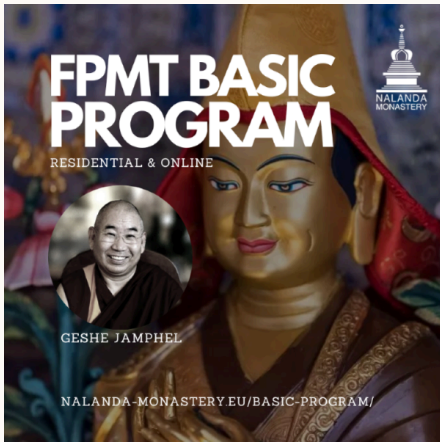
FPMT Exploring Buddhism

with Geshe Tenzin Namdak and Geshe Tenzin Losel

Join this special online long-term course that was co-developed by senior FPMT teachers. Conceived as a bridge between the foundation-level Discovering Buddhism and the FPMT Basic Program, the course presents selected topics that provide a strong basis for more advanced study. Teachings take place once a week, only online.

-  ongoing
-  in English with translation in French
-  online




information and registration



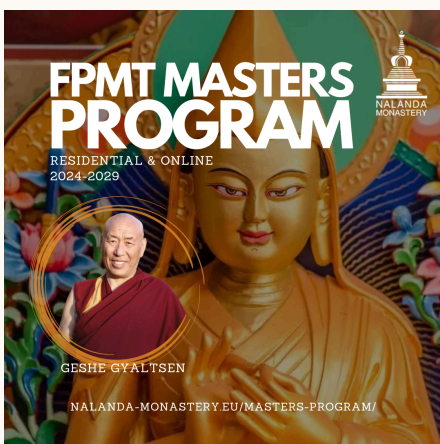
FPMT Basic Program 2023-2028

with Geshe Jamphel

Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

-  ongoing
-  in Tibetan with translation in English, French & Spanish
-  in person and online




information and registration



FPMT Masters Program 2024-2030

with Geshe Gyaltzen

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

-  ongoing
-  in Tibetan with translation in English and French
-  retreat: in person | teachings: in person and online

information and registration

Support Nalanda

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

Donate



Nalanda Monastery

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