

Schedule Monlam 2025

<p>Tuesday 11th March</p> <p>7.45 – 8.15: prayer session</p> <p>8.30 – 9.30: breakfast</p> <p>10.00 – 12.00: Khen Rinpoche, teaching “In Praise of Dependent Origination”</p> <p>12.30 – 13.30: lunch</p> <p>14.30 – 17.00: prayer session</p> <p>18.00: dinner</p> <p>19.00 – 20.00: prayer session</p>	<p>Wednesday 12th March</p> <p>7.45 – 8.15: prayer session</p> <p>8.30 – 9.30: breakfast</p> <p>10.00 – 12.00: Khen Rinpoche, teaching “In Praise of Dependent Origination”</p> <p>12.30 – 13.30: lunch</p> <p>14.30 – 17.00: prayer session</p> <p>18.00: dinner</p> <p>19.00 – 20.00: prayer session</p>
<p>Thursday 13th March</p> <p>7.45 – 8.15: prayer session</p> <p>8.30 – 9.30: breakfast</p> <p>10.30 – 12.00: Geshe Gyaltzen Teaching on renonciation</p> <p>12.30 – 13.30: lunch</p> <p>14.30 – 17.00: prayer session</p> <p>18.00: dinner</p> <p>19.00 – 20.00: prayer session</p>	<p>Friday 14th March</p> <p>7.45 – 8.15: prayer session</p> <p>8.30 – 9.30: breakfast</p> <p>10.30 – 12.00: Geshe Jamphel Teaching on bodhicitta</p> <p>12.00 – 12.30: 5 lay vows</p> <p>12.30 – 13.30: lunch</p> <p>14.30 – 17.00: prayer session</p> <p>18.00: dinner</p> <p>19.00 – 20.30: Guru puja</p>
<p>Saturday 15th March</p> <p>7.00 – 8.15: Maitreya Procession</p> <p>8.30 – 9.30: breakfast</p>	

