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*APRIL 2025*

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## NALANDA MONASTERY NEWS



**"Since the purpose of a reincarnation is to carry on the work of the predecessor, the new Dalai Lama will be born in the free world so that the traditional mission of the Dalai Lama — that is, to be the voice for universal compassion, the spiritual leader of Tibetan Buddhism, and the symbol of Tibet embodying the aspirations of the Tibetan people — will continue."**

*His Holiness the 14th Dalai Lama*

Dear {{ contact.FIRSTNAME }}, please enjoy our latest news and information:

**The sun of the Gelug Monlam rises over the West!**

A visit and talk by **Ven. Thubten Chodron**

*3 April 2025*

**A spiritually fulfilling experience this summer in Nalanda!**

*June - August 2025*

**Celebrate His Holiness' 90th birthday with Ganden Trisur Rinpoche**

*Sunday 6 July 2025*

**Calm abiding and Lamrim retreat**

*15 - 30 August 2025*

**Sharing the daily life at Nalanda**

**Study Programs**

## **THE SUN OF THE GELUG MONLAM RISES OVER THE WEST!**

**The second Gelug Monlam at Nalanda** has come to a successful conclusion! Establishing and expanding the new tradition of Gelug Monlam in the West, in accordance with Lama Zopa Rinpoche's holy wish, is an incommensurable source of rejoicing!

**40 monks and nuns** including Khen Rinpoche Geshe Chonyi (Abbot of Kopan Monastery and member of the FPMT Board), Geshe Jamphel (Abbot of Nalanda Monastery), Geshe Gyaltsen (Resident Teacher at Nalanda), Metok Rinpoche, Geshe Loden, Geshe Dakpa, Ven. Steve, Ven. Robina, Ven. Elisabeth and others actively participated in this second edition from 11 to 15 March 2025.

These four and a half days of this Great Prayer Festival were inspired by the deep voice of Gen Kuncho Namdro, a chanting leader from Gyuto Monastery, who joined us especially for this event.

Each day we had more than a hundred participants, culminating in *Choetrul Duchen* on 14 March, the full moon of these 15 days of miracles.

Other distinguished guests such as Thoesam Rinpoche (from the Tibethaus in Frankfurt), Antony Boussemart (Co-President of the Union Bouddhiste de France) or Thubten Tsering (from the Office of Tibet) contributed to a greater representation of the various Gelug branches in Europe. We also received two supportive video messages from [His Holiness Ganden Tri Rinpoche Lobsang Dorje](#) and [His Eminence Kyabje Dagpo Rinpoche](#).



*Some of the participants of the Second Gelug Monlam at Nalanda.*

This year, therefore, the seeds of the Gelug Monlam have taken firm root in the West and its audience has begun to expand into a harmonious and wider gathering.

**The Third Gelug Monlam Festival at Nalanda will be held from 27 February to 4 March 2026** with other distinguished guests to continue to bless and nurture this immense purification and great accumulation of merit dedicated to the swift return of Kyabje Zopa Rinpoche and the long and healthy life of His Holiness the Dalai Lama.

To learn more on the Gelug Monlam, you can watch [The Seed of Gelug Monlam in the West \(the film\)](#).



### A VISIT AND TALK BY VEN. THUBTEN CHODRON

**April 3rd, 16:00 - 17:30**

Nalanda Monastery has the honor of welcoming **Venerable Thubten Chödrön** for lunch and a Dharma talk on **the 3rd of April**.

Ven Chödrön is the founder and abbess of Sravasti Abbey, the only training monastery for Westerners in the Tibetan tradition in the United States. Together with His Holiness the Dalai Lama, she has co-authored the comprehensive series *The Library of Wisdom and Compassion* and has written 29 books. She began her Buddhist training within the FPMT and was ordained in 1977. She received bhikshuni vows in 1986. She is currently on a teaching tour in Europe.

**Ven Chödrön arrives at Nalanda Monastery around 12:20** and will have lunch with the Sangha. She will kindly give a talk in the big teaching hall at **16.00 – 17:30** on the topic of **‘Bringing Dharma to the West’** which is open for everyone interested.

The talk will be simultaneously interpreted into French and at the end of the talk there will be opportunities for questions.

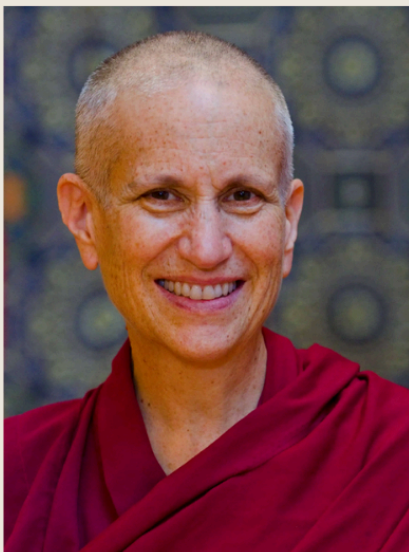
It is also possible to follow the talk online.

[Watch the talk online](#)

VENERABLE THUBTEN CHODRON

**LE DHARMA EN  
OCCIDENT AU 21<sup>E</sup> SIÈCLE  
*BRINGING DHARMA TO THE  
WEST IN 21<sup>ST</sup> CENTURY***

TOUT LE MONDE EST LE BIENVENUE !  
(EVERYBODY WELCOME!)



Monastère de Nalanda  
(*Nalanda Monastery*)

3 avril, 16h - 17h30  
(*April 3rd, 16:00 - 17:30*)

Traduction française

**Read more about Ven.  
Thubten Chodron**

**Read more about Sravasti  
Abbey**

## **A SPIRITUALLY FULFILLING EXPERIENCE THIS SUMMER IN NALANDA!**

**Join us for a spiritually fulfilling experience and make a meaningful contribution to our community!**

Nalanda Monastery is looking for dedicated and enthusiastic Dharma practitioners with a heart for service to **join our Arts Team this summer** (June to August) and contribute to fulfill Lama Zopa Rinpoche's request for **creating tsa-tsas dedicated for the sick and dying**.

After receiving a specific training, one will participate in the making tsa-tsas of Mitrugpa, Three Long Life Deities, and others. Depending on the motivation, it can be a small to a huge accumulation of merits. One needs to be Buddhist, artistic, patient and concentrated.

This responsibility implies 4/5 hours a day for 5/6 days a week, but will be shared according to the number of participants. Food and accommodation will be provided.

For more information and application, please contact us at [info@nalanda-monastery.eu](mailto:info@nalanda-monastery.eu).



**CELEBRATE HIS HOLINESS' 90TH BIRTHDAY WITH GANDEN  
TRISUR RINPOCHE**

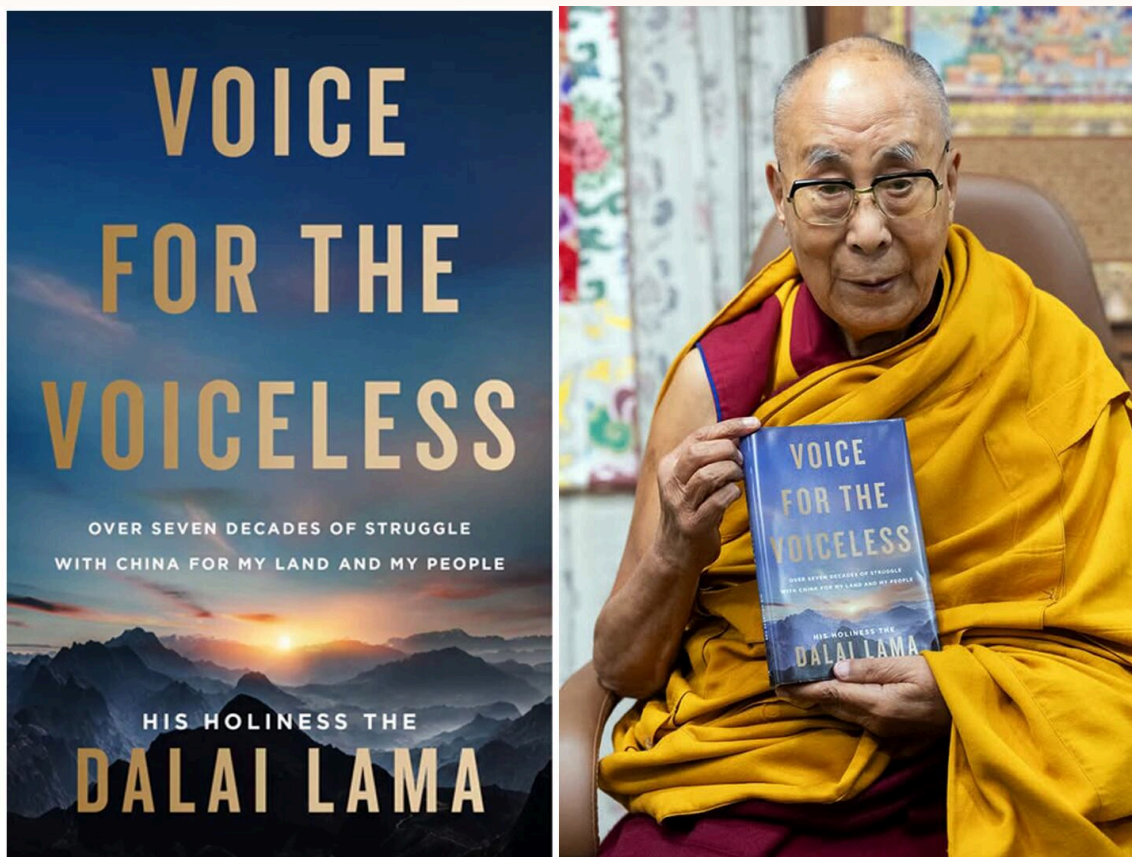


*Ganden Trisur Rinpoche, the previous Ganden Tripa, in 2024.*

During the visit of [His Holiness Ganden Trisur Rinpoche Lobsang Tenzin from 1 to 10 July 2025](#), on Sunday 6 July we will celebrate **the 90th birthday of His Holiness the Dalai Lama!**

On this very special occasion, Nalanda will try to organise a photo exhibition and other events to honour His Holiness' vast actions in many fields such as interfaith mutual respect, dialogues with scientists, ecologists and human rights in Tibet and the world.

In his recently published book, *Voice for the Voiceless*, His Holiness has stated that his successor will be born in the 'free world', explicitly ruling out China as a place of reincarnation.



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## **Complete program** *(subject to slight changes)*

*1st to 3rd July – Auspicious Prayer Festival*

*4 and 5 July – Preparation to initiation & retreat*

*6 July – Celebrating H. H. the Dalai Lama's 90th birthday*

7 and 8 July – **Most Secret Hayagriva initiation** (commitment: a few daily mantra recitations)

9 and 10 July – **Commentary on Hayagriva** (one session per day)

11 July evening to 30 July – [Most Secret Hayagriva retreat led by Geshe Thubten Sonam-la](#)

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**More information**

**Registration 1-6 July**

**Registration 7-10 July**

## CALM ABIDING AND LAMRIM RETREAT



**From 15 to 31 August 2025**

With Ven. René Feusi

**Subscriptions are now open** for the calm abiding and Lamrim retreat with Ven. René Feusi!

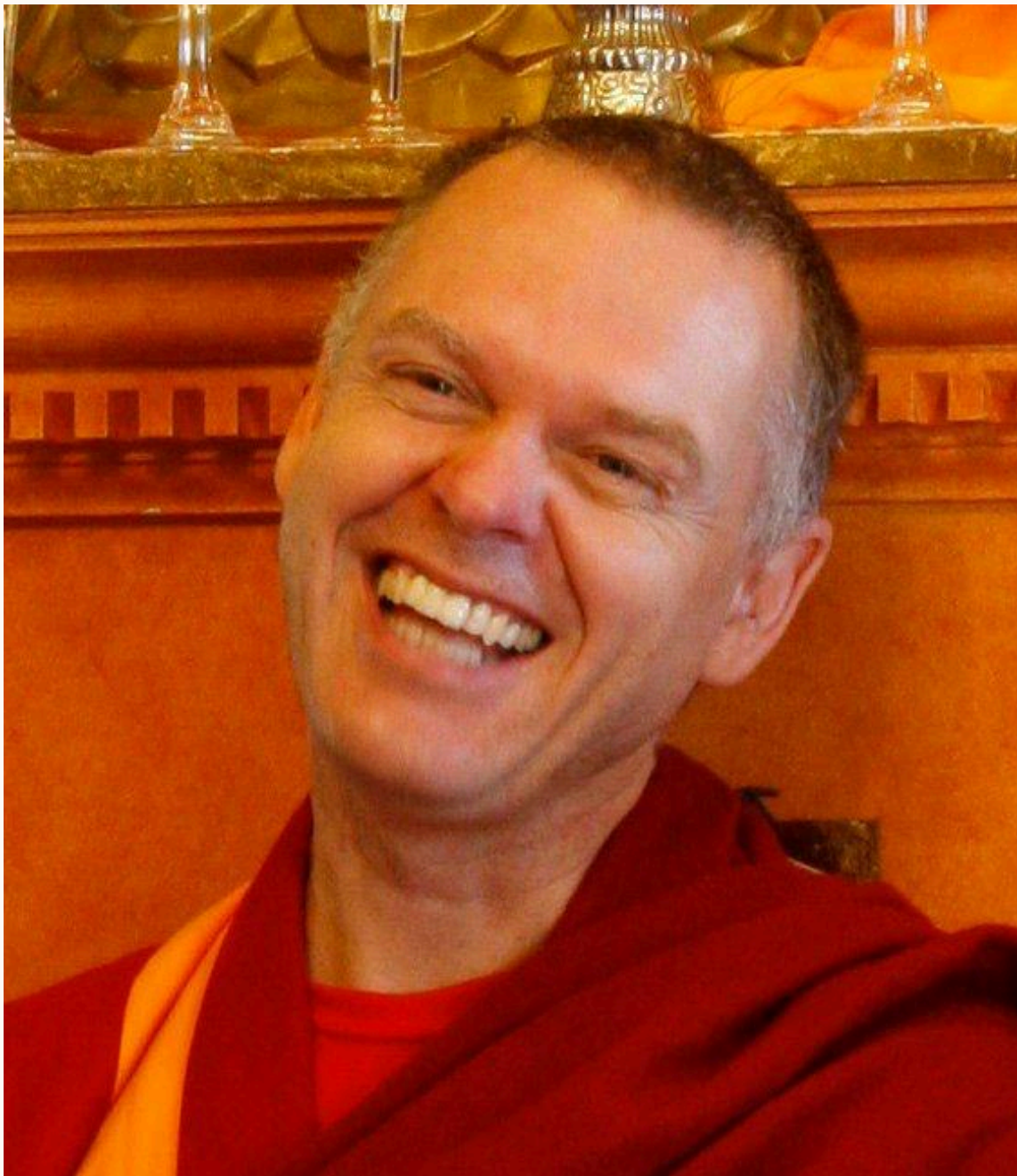
During this retreat, we will let the mind settle into inner peace with the training in calm abiding, and use this calm state to expand our insights into the Lamrim.

**“Doing a retreat like this is extremely worthwhile as it makes our life rich in spiritual experiences and we come to realize a greater purpose to our existence, and with that comes the contentment of a life well lived.”**

*Ven. René Feusi*

**More information**

**Registration**





**NALANDA  
MONASTERY**

Buddhist Monastery in the Tibetan Gelukpa Tradition

**DISCOVER OR DEEPEN  
YOUR KNOWLEDGE OF  
BUDDHISM**

**HELP THE MONASTERY**

**JOIN A SPIRITUAL  
COMMUNITY**

# **VOLUNTEER** *at* **NALANDA**

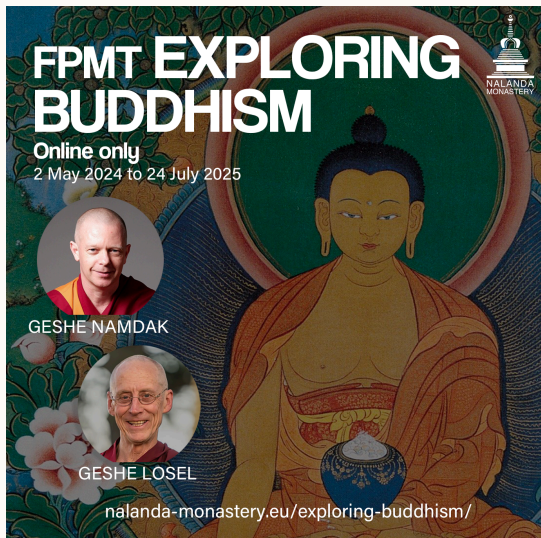
**FOR MORE  
INFORMATION**

**WRITE TO  
KYC@NALANDA-  
MONASTERY.EU**



**NALANDA MONASTERY  
36 RUE DU DR EMERY COMPAYRE  
81500, LABASTIDE-SAINT-GEORGES, FRANCE**

**STUDY PROGRAMS**



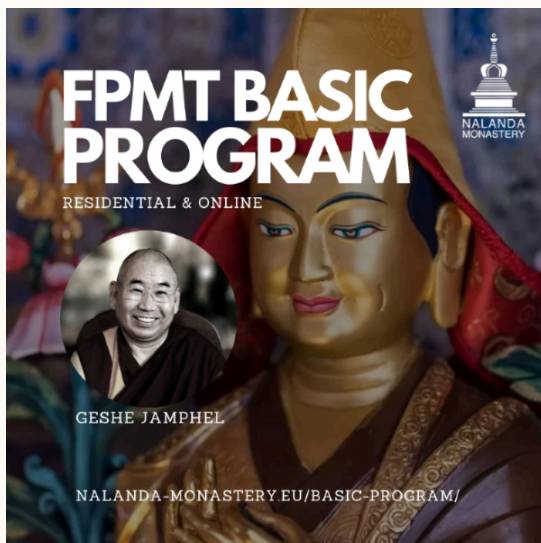
## FPMT Exploring Buddhism

with Geshe Tenzin Namdak and  
Geshe Tenzin Losel

Join this special online long-term course that was co-developed by senior FPMT teachers. Conceived as a bridge between the foundation-level Discovering Buddhism and the FPMT Basic Program, the course presents selected topics that provide a strong basis for more advanced study. Teachings take place once a week, only online.

🔔 ongoing  
🌐 in English with translation in French  
📍 online

information and  
registration



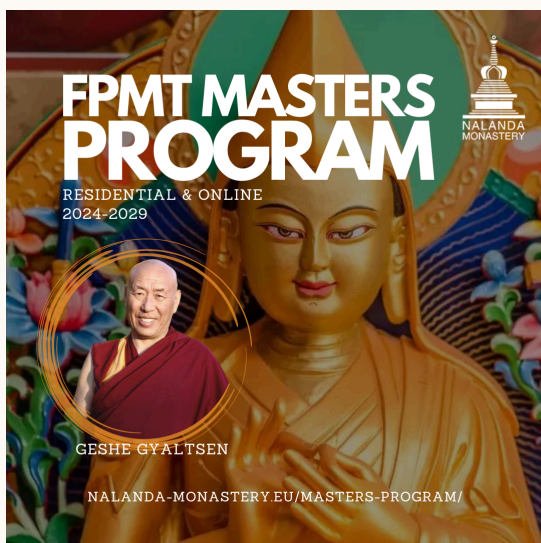
## FPMT Basic Program 2023-2028

with Geshe Jamphel

Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

🔔 ongoing  
🌐 in Tibetan with translation in English, French & Spanish  
📍 in person and online

information and  
registration



## FPMT Masters Program 2024-2030

with Geshe Gyaltsen

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

🔔 ongoing  
🌐 in Tibetan with translation in English and French  
📍 retreat: in person | teachings: in person and online

information and  
registration

Support Nalanda

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

Donate



**Nalanda Monastery**

36 Rue du Dr Emery Compayre, Rouzegas, 81500, Labastide St. Georges

Affiliated with the [FPMT](#)

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