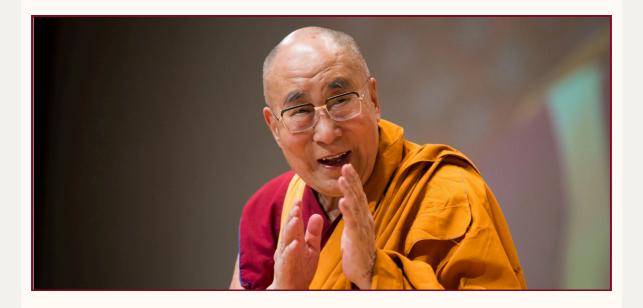


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MAY 2025

NALANDA MONASTERY NEWS



"It is more important to look forward to the future than dwell in the past... I remain willing to dedicate my remaining life to the service of reconciliation, mutual respect and friendship between the Tibetan and Chinese peoples."

His Holiness the Dalai Lama, Voice For The Voiceless

Dear {{ contact.FIRSTNAME }}, please enjoy our latest news and information:

Guru Rinpoche's blessing on Nalanda

His Eminence Khensur Rinpoche Lobsang Delek

28 June - 10 July 2025

His Holiness the Dalai Lama's 90th birthday

6 July 2025

Voice for the Voiceless

Calm abiding and Lamrim retreat

Advancing Our Gurus' Vision of a World Guided by Compassion and Wisdom

Get the blessing of the holy relics of Lama Zopa Rinpoche

11 June 2025: Saka Dawa

Sharing the daily life at Nalanda

Study Programs

GURU RINPOCHE'S BLESSING ON NALANDA

Sunday 18 May 2025, 14:00



"Very Happy to see Guru Rinpoche at home."

Ven. Roger

In accordance with Kyabje Lama

Zopa Rinpoche's holy wish,

Nalanda Monastery has placed a

statue of Guru Rinpoche on the pond

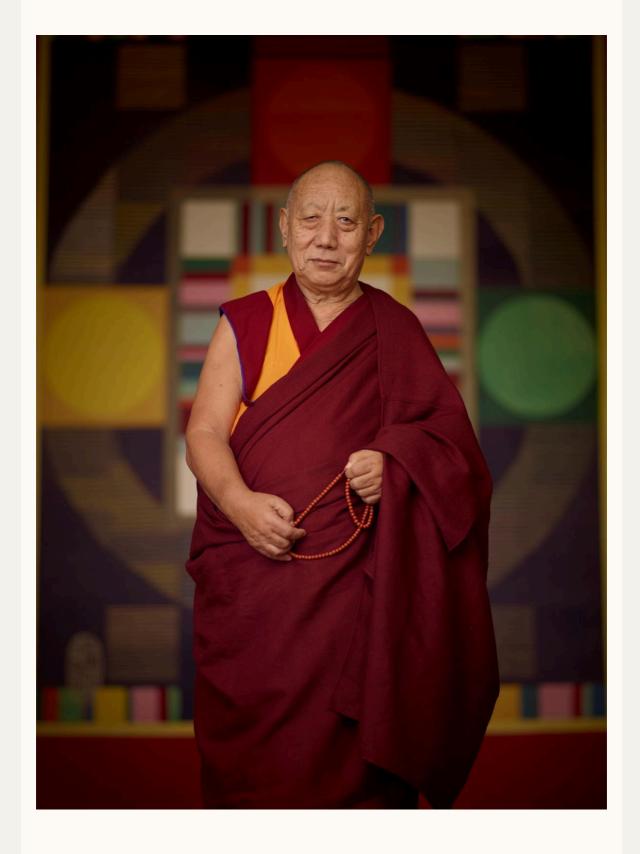
at the entrance to the monastery.

You are cordially invited to attend the blessing of the statue on Sunday, 18 May 2025 at 14.00. If you cannot come, you can still rejoice!



HIS EMINENCE KHENSUR RINPOCHE LOBSANG DELEK

From June 28 to July 10 2025



This summer in Nalanda, from June 28 to July 10 2025, His Eminence Khensur Rinpoche Lobsang Delek, 74th Abbot of Sera Jey Monastery and previous Abbot of Gudme Tantric Monastery, will come to Nalanda for a series of exceptional events: prayers, teachings, celebration of His Holiness the Dalai Lama's 90's birthday, and initiations, including the Most Secret Hayagriva Initiation and commentary.

Rinpoche is one of the very few Lamas who can confer the Most Secret Hayagriva initiation.

Program

Saturday 28 June, 14:30 - 17:30

Medicine Buddha Initiation

Sunday 29 June, 14:30 - 17:30

White Tara Initiation

1st to 3rd July

Auspicious Prayer Festival

4 and 5 July, 10:00 - 12:00 & 14:30 - 16:30

Commentary on Tsongkhapa's Concise Treatises on the Stages of the Path

to Enlightenment (tib. lamrim dudon)

6 July

Celebration of H. H. the Dalai Lama 90th birthday and Long Life Puja

7 and 8 July, 14:30 - 17:30

Most Secret Hayagriva initiation (commitment: a few daily mantra recitations)

9 and 10 July, , 10:00 - 12:00 & 14:30 - 16:30

Commentary on Hayagriva

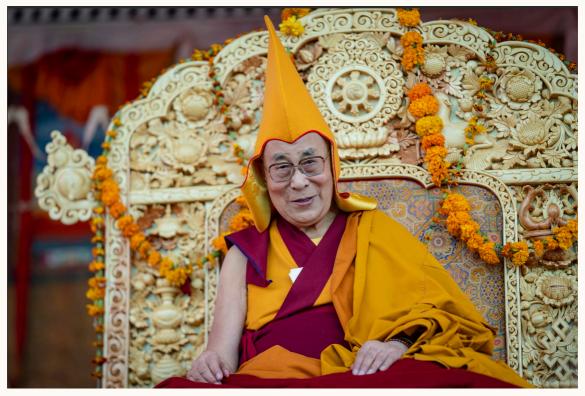
11 July evening to 28 July

Most Secret Hayagriva retreat led by Geshe Thubten Sonam-la

More information and registration

HIS HOLINESS THE DALAI LAMA'S 90TH BIRTHDAY

July 6, 2025



The Great 14th Dalai Lama.

On Sunday 6th July 2025 we will celebrate the 90th birthday of His Holiness the Dalai Lama in the presence of Khensur Lobsang Delek Rinpoche with our Abbot Geshe Losang Jamphel, Geshe Tenzin Loden, Geshe Jamphel Gyaltsen and all the Sangha and lay community of Nalanda Monastery, Dorje Pamo Monastery and Vajra Yogini Institute as well as all the Himalayan people living in the Toulouse region and all those who wish to participate in this very meaningful event.

We will meet at 10am and perform a Long Life Puja based on the Guru Puja in the afternoon. More details will follow in June.

This special day will also mark the beginning of the 'Year of Compassion' until 6 July 2026.

His Holiness the 14th Dalai Lama is not only the most respected representative of the Tibetan people and voice for peace, non-violence and universal compassion in the world today. He is also renowned for interfaith and scientific dialogue, and the Middle Way approach.

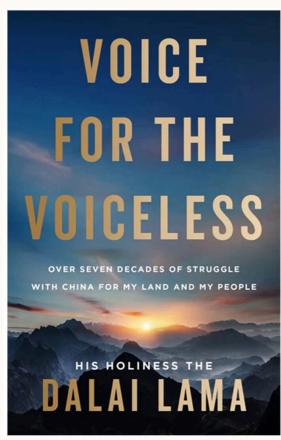
More information on His Holiness' birthday

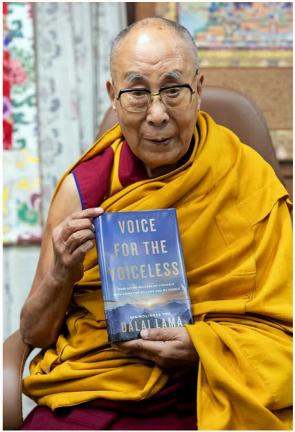
Send a birthday card to His Holiness!

VOICE FOR THE VOICELESS

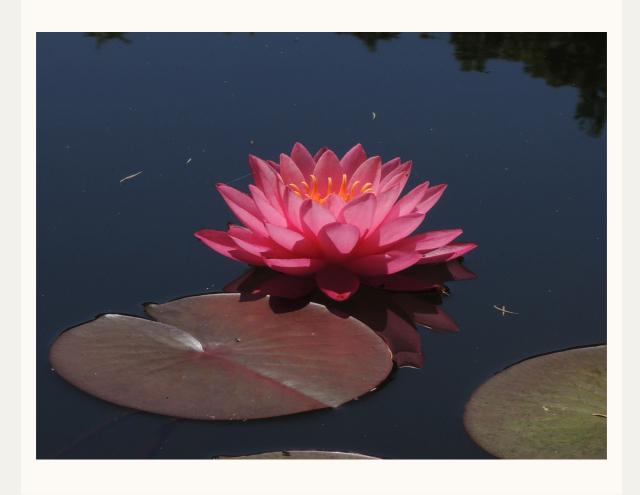
"As a Tibetan, on behalf of the Tibetan community in Toulouse, I would like to personally thank Nalanda Monastery for mentioning this book "Voice for the Voiceless" in your newsletter. It is an important compte-rendu of what His Holiness and the Tibetan Administration in Dharamsala have done so far to find a common ground to resolve the Sino-Tibetan conflict. As well as pointing out that the next Dalai Lama should be born in a free country, His Holiness also gave very important advice to the Tibetan people not to be discouraged by the current situation. Please continue to talk about Tibet, about this book, to mark this year as a year of compassion, as declared by the Dharamsala administration."

Tenzin Trinley





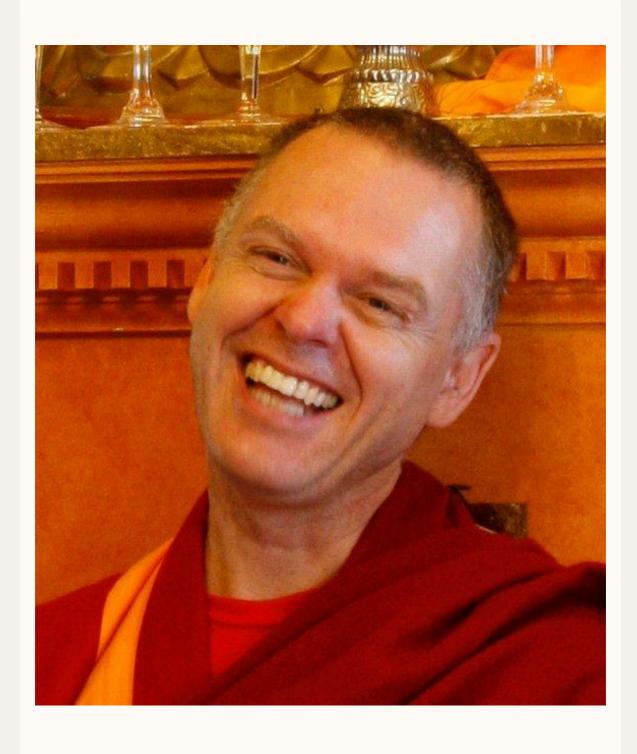
CALM ABIDING AND LAMRIM RETREAT



Subscriptions are now closed for the Calm abiding and Lamrim retreat with Ven.
René Feusi this summer in Nalanda. Thank you to all those who subscribed!

"Doing a retreat like this is extremely worthwhile as it makes our life rich in spiritual experiences and we come to realize a greater purpose to our existence, and with that comes the contentment of a life well lived."

Ven. René Feusi



ADVANCING OUR GURUS' VISION OF A WORLD GUIDED BY COMPASSION AND WISDOM



Group picture at the end of the CPMT meeting in front of the main gompa, Kopan Monastery.

Magical Nepal!

The 2025 CPMT meeting, *Advancing Our Gurus' Vision of a World Guided by Compassion and Wisdom*, was an opportunity for about 180 people from 70 different countries to meet at Kopan Monastery in Kathmandu, Nepal, from 6 to 11 April.

A way for centres and individuals to become even more aware of **being part of the vast mandala that Lama Yeshe and Lama Zopa Rinpoche created** from
the bare hill of Kopan in the seventies. It is also a way of sharing the FPMT's
vision for the future.

During this summit, His Holiness the Dalai Lama confirmed that the reincarnation of our most precious Spiritual Director, Kyabje Lama Zopa Rinpoche (1945-2023), has been reborn in Nepal!

June 11, 2025: Saka Dawa

During the CPMT, each centre received a box containing **a holy blood relic of Lama Zopa Rinpoche.**

On **11 June 2025**, Nalanda Monastery will celebrate the 15th day of **Saka Dawa**, one of the four great holy days of the Buddhist calendar, when karmic results are multiplied 300 million times, as taught in the Vinaya text *Treasure of Quotations and Logic*.



During this very meritorious event, people will be able to receive direct blessings from the holy blood relic of Lama Zopa Rinpoche. Details of the program will be announced soon.

SHARING THE DAILY LIFE AT NALANDA





DISCOVER OR DEEPEN YOUR KNOWLEDGE OF BUDDHISM

HELP THE MONASTERY

JOIN A SPIRITUAL COMMUNITY

VOLUNTEER At NALANDA

FOR MORE INFORMATION

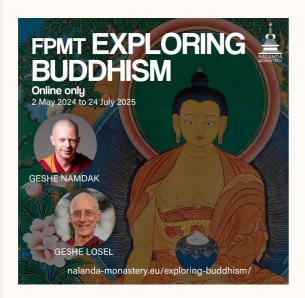
WRITE TO KYC@NALANDA-MONASTERY.EU





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STUDY PROGRAMS



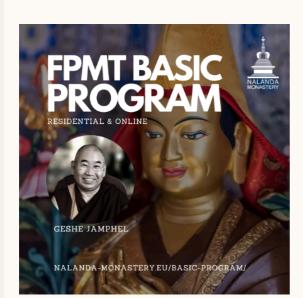
FPMT Exploring Buddhism

with Geshe Tenzin Namdak and Geshe Tenzin Losel

Join this special online long-term course that was co-developed by senior FPMT teachers. Conceived as a bridge between the foundation-level Discovering Buddhism and the FPMT Basic Program, the course presents selected topics that provide a strong basis for more advanced study. Teachings take place once a week, only online.



information and registration



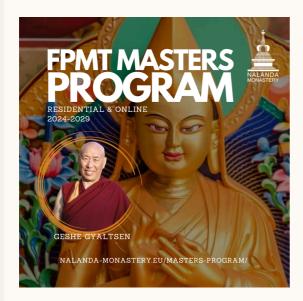
FPMT Basic Program 2023-2028

with Geshe Jamphel

Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistaken path to inner freedom and happiness.

ongoing in Tibetan with translation in English, French & Spanish in person and online

information and registration



FPMT Masters Program 2024-2030

with Geshe Gyaltsen

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

ongoing

in Tibetan with translation in English and French

retreat: in person | teachings: in person and

information and registration

Support Nalanda

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

Donate











Nalanda Monastery

36 Rue du Dr Emery Compayre, Rouzegas, 81500, Labastide St. Georges
Affiliated with the FPMT

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