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AUGUST 2025

NALANDA MONASTERY NEWSLETTER



"There are two things to do in order to repay the kindness of the Guru: practice what the Guru taught and fulfill His holy wishes"

Ven. Roger

Dear {{ contact.FIRSTNAME }}, please enjoy our latest news and information:

1. **An incredibly blessed dimension**
2. **Our positive influence can change the Planetary Crises**
3. **The Six Ornaments**
4. **FSS, an overview of the FPMT**
5. **Calm Abiding and Lamrim retreat**

6. Receiving ordination from His Holiness the Dalai Lama

7. Sharing the daily life at the monastery

8. Study Programs

AN INCREDIBLY BLESSED DIMENSION

From 11 to 28 July, 39 people did the **Most Secret Hayagriva retreat** at Nalanda Monastery leaded by Geshe Thubten Sonam with the support of Genden Dargey, the main Chant leader of Sera Jey Monastery, Geshe Dorjee Wangdak, Geshe Tashi Dondup, who made all the numerous traditional tormas, and Geshe Gyaltsen, one of our resident teachers.



The altar during the retreat.

As Ven. Roger, who participated in the retreat, said: "*The Most Secret Hayagriva is the commitment that Lama Yeshe gave to Lama Zopa Rinpoche to do the retreat every year for the protection and success of all the FPMT.*"

It has been a very rare opportunity, as many conditions were needed to perform such an incredibly profound and ancient meditation for 2 weeks.

Connecting with this lineage kept unbroken from the Buddha and practiced by such realized holy beings such as Nagarjuna, Guru Rinpoche, etc. up to Sera Jey in South India nowadays, each participant felt something very special. Some had deep spiritual experiences.

One participant wrote: *"The retreat has been extraordinary. Some who already did previous deities retreats said that it is exceptional, very rare, to have such a quality, without any fault from beginning to end."*

We conclude the retreat with such a smooth and blessed fire puja.



Geshe Thubten Sonam doing the fire puja.

28 July; on **Choekhor Duchen**, we made an extensive tsog offering to Hayagriva. Next time, Geshe Thubten Sonam will lead a shorter retreat and will first give 3 or 4 days of explanations. May this happen!

**OUR POSITIVE ATTITUDE CAN CHANGE
THE PLANETARY CRISES**

The **FPMT Planetary Crises Summit 2025** will be organized by **Maitreya Institute in Amsterdam**. This important event has been conceived in a new hybrid format where centers across Europe unite to join together for the Summit, **Saturday 27 and Sunday 28 September**.

If you are aware of the climate changes and touched by what is happening in the world, you can join us at **Nalanda Monastery** to participate to the **online** and **onsite** various talks during this week-end.

Read more: <https://nalanda-monastery.eu/fpmt-planetary-crisis-summit-2025/>

THE SIX ORNAMENTS



Asanga, founder of the Yogachara tradition.

More than 20 years ago, Lama Zopa Rinpoche suggested that Nalanda Monastery should have a statue of each of the six great Indian scholars or Ornaments, [Nagarjuna](#), [Aryadeva](#), [Asanga](#), [Vasubandhu](#), [Dignaga](#) and [Dharmakirti](#), who wrote extensive commentaries on the Buddha's teachings.

Due to the insistance of Joseph, Ven. Thubten Gendun contacted a Nepalese sculptor in Kathmandu recommanded by Kopan Monastery. The quote is

approximately of 13.000€ for the 6 statues of 45cm high, fully gold plated including the cargo fees.

You can accumulate merits by participating to the fulfilment of Rinpoche's holy advice. Any donation is meaningful.

Donate now

FSS, AN OVERVIEW OF THE FPMT

FPMT's Foundation Service Seminar (FSS) is a transformative 'FPMT immersion retreat' that inspires and informs those currently serving, or wishing to serve, within the FPMT. Through experiential learning, it deepens understanding of our lineage while nurturing mindful, heartfelt qualities essential to meaningful service. With **François Lecointre** and **Wendy Ridley**.

From 9.00 am on Wednesday 24 September until after lunch on Sunday 28 September 2025.

More info: <https://www.institutvajrayogini.fr/>

Registration link: <https://www.institutvajrayogini.fr/en/practice/agenda/>

CALM ABIDING AND LAMRIM RETREAT

15 - 30 August 2025



Due to some cancellations, there are still 6 seats available in the gompa to participate to the **Calm Abiding and Lamrim retreat** with Ven. **René Feusi**. You can also register to **follow the retreat online!**

[More information](#)

[Register](#)

**RECEIVING ORDINATION
FROM HIS HOLINESS THE DALAI LAMA**



A very rare and precious opportunity!

If one is considering **taking ordination as a novice** (male or female) or as a **fully ordained monk** (male only) with His Holiness the Dalai Lama in Dharamsala in February/March 2026, please complete an application form **by 31 October**. Applications received after this date will not be considered.

In order to be ordained, you must attend a **pre-ordination course** and fulfil certain prerequisites. For non-Himalayans, this is the only way to be ordained at that time. For more information, please contact Canadian **Geshe Tenzin Norbu** at monastic.ordination@gmail.com and **Tenzin Tsepag** at His Holiness' Office at tsepag@dalailama.com.

**More information about
the Pre-Ordination Course**

SHARING THE DAILY LIFE AT THE MONASTERY



**NALANDA
MONASTERY**

Buddhist Monastery in the Tibetan Gelukpa Tradition

**DISCOVER OR DEEPEN
YOUR KNOWLEDGE OF
BUDDHISM**

HELP THE MONASTERY

**JOIN A SPIRITUAL
COMMUNITY**

VOLUNTEER *at* **NALANDA**

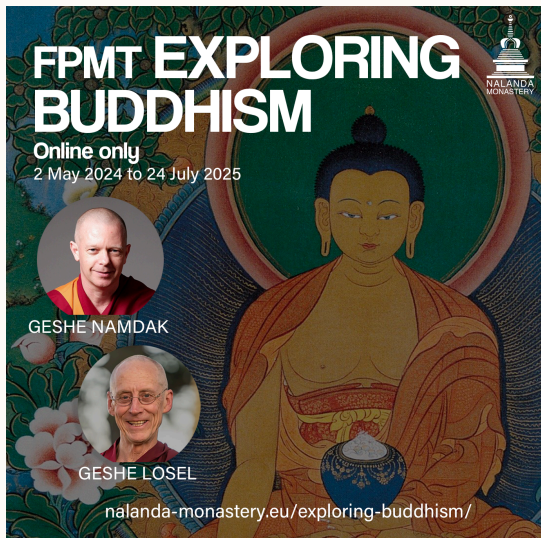
**FOR MORE
INFORMATION**

**WRITE TO
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MONASTERY.EU**



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81500, LABASTIDE-SAINT-GEORGES, FRANCE**

STUDY PROGRAMS



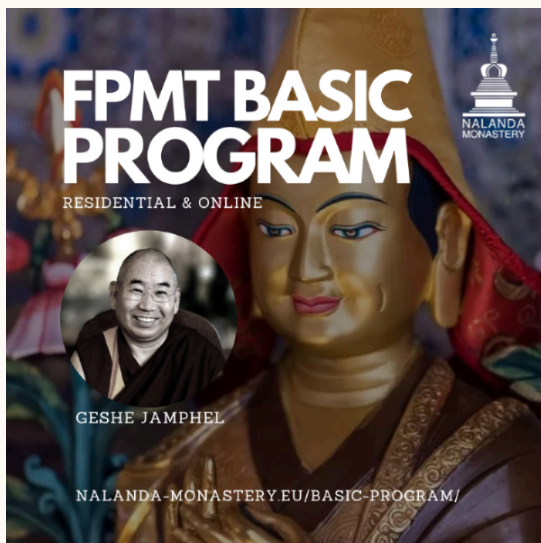
FPMT Exploring Buddhism

with Geshe Tenzin Namdak and
Geshe Tenzin Losel

Join this special online long-term course that was co-developed by senior FPMT teachers. Conceived as a bridge between the foundation-level Discovering Buddhism and the FPMT Basic Program, the course presents selected topics that provide a strong basis for more advanced study. Teachings take place once a week, only online.

🔔 ongoing
🌐 in English with translation in French
📍 online

information and
registration



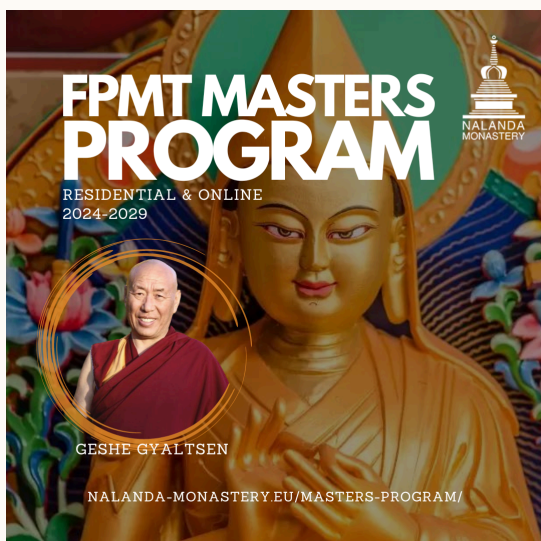
FPMT Basic Program 2023-2028

with Geshe Jampel

Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

🔔 ongoing
🌐 in Tibetan with translation in English, French & Spanish
📍 in person and online

information and
registration



FPMT Masters Program 2024-2030

with Geshe Gyaltsen

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

🔔 ongoing
🌐 in Tibetan with translation in English and French
📍 retreat: in person | teachings: in person and online

information and
registration

SUPPORT NALANDA

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people, ordained or not, from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

DONATE



Nalanda Monastery

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Affiliated with the [FPMT](#)

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