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SEPTEMBER 2025

NALANDA MONASTERY NEWSLETTER



"To actualize the fundamental paths, you need a great deal of study and meditation. For that you need much time and conducive circumstances"

Lama Zopa Rinpoche

Dear {{ contact.FIRSTNAME }}, please enjoy our latest news and information:

1. **Nalanda Monastery welcomes monks from Gyutö Tantric College**
2. **FPMT Planetary Crisis Summit**
3. **FPMT Foundation Seminar Service**
4. **16 guidelines for a happy life**
5. **Register for the next teaching unit in the Masters Program**
6. **Receiving ordination from His Holiness the Dalai Lama**

7. Volunteering at Nalanda

8. Study programs at Nalanda

THE TRANSCENDENT VOICES OF GYUTÖ TANTRIC MONASTERY

We are happy to welcome six monks from the [Gyutö Tantric College](#) at Nalanda.

From the 7th to the 12th of October they will participate in :

1. **Creation of Chenrezig sand Mandala** : from Monday 7th to Friday 10th October.

A mandala is a symbolic representation of the deity's abode symbolizing all the paths, and used as meditation support.

Dissolution of the mandala : Saturday October 11th at 10 a.m. to remind us of impermanence, and the blessed sand will be distributed to the attendees with the rest of the sand offered to the river.

At Nalanda Monastery.

2. **Voices for Peace** : on Saturday October 11th 2025, 3:00PM to 4:30PM.

Gyutö monks will perform a spiritual concert together with our Benedictine brothers from [En Calcat Abbey](#) and our sisters and brothers from the [Sufi order of Alâwiyya-Darqâwiyya-Shâdhiliyya](#)

At the En Calcat Abbey, 1 avenue d'En Calcat, Dourgne (81110).

3. **Tantric Voices** : Sunday October 12th 2025, 5:30PM to 7:00PM.

An inspiring concert in Lavaur to showcase the amazing tantric practices of Gyutö Tantric College.

[Halles aux Grains](#) place Stalingrad, Lavaur (81500). Participation: 15€.

Contact: 06 81 05 50 58.

To read more : <https://nalanda-monastery.eu/gyuto-monks-mandala-and-concerts/>



Tantric ritual by the Gyutö monks.

WHAT IMPACT CAN WE HAVE ON PLANETARY CRISES ?

If we have all the solutions, as scientists say, why are we not going towards a brighter future?

BECAUSE IT IS A CRISIS OF MIND !

And we have the power of Dharma, which gives us the methods to develop the mind and work at the root of the problem.

OUR SPIRITUAL TEACHERS ARE ENCOURAGING US



Ling Rinpoche



HH the 14th Dalai Lama



Serkong Tsenshab Rinpoche

"I have trust that before 2030 FPMT can make something very powerful and bring so much positive influence."

— Serkong Tsenshab Rinpoche



Saturday 27th & Sunday 28th October

Organized this year by **Maitreya Institute** in Amsterdam, the **FPMT Planetary Crisis Summit 2025** is a very important event presented in a new hybrid format, with centers across Europe joining together online and onsite.

If you are aware of the climate changes and moved by what is happening in the world, you can join us at **Nalanda Monastery** to participate in the **online** (mornings) and **onsite** (afternoons) talks throughout the week-end.

To read more : <https://nalanda-monastery.eu/fpmt-planetary-crisis-summit-2025/>

FPMT'S FOUNDATION SERVICE SEMINAR AT VAJRAYOGINI INSTITUTE



François Lecointre, Chief Operating Officer (COO) of the FPMT

Wednesday 24th to Sunday 28th September 2025

The Foundation Service Seminar (FSS) is a transformative 'FPMT immersion retreat' inspiring and informing those currently serving the various FPMT centers, or wishing to serve. Through experiential learning the seminar deepens the understanding of our lineage while nurturing mindful, heartfelt qualities essential to meaningful work and life.

With François Lecointre and Wendy Ridley

More info : <https://www.institutvajrayogini.fr/>

The registration link : <https://www.institutvajrayogini.fr/en/practice/agenda/>

Presentation of previous FSS seminars at Nalanda :
<https://youtu.be/nktLIENrdrs?si=Mkj4PuCvkfrPfZ>



Four Saturdays in September and October

We are happy to offer you our fourth onsite edition of the **16 Guidelines for a Happy Life**, facilitated by Ven. Thubten Jamyang. The course is primarily meant for Nalanda volunteers and students but is open to anyone free of charge.

We will meet four Saturdays in the main gompa :

- 20 September from 2 to 5 pm
- 4 October from 2 to 5 pm
- 11 October from 2 to 5 pm
- 18 October from 2 to 5 pm

Things being impermanent, these dates could change. Stay tuned.

We kindly request you to attend at least 90% of the course and be an active participant. This will enrich your learning experience and contribute to the stability of the group. At the end of the course, you will receive a completion certificate. With the certificate you can complete the 16 Guidelines journey with other courses.

If you cannot attend now, you can rejoice for the people who will participate, and thereby create the conditions to participate yourself in the future.

To apply to the course send us a short motivation letter on why you want to join the course to universaleducation@nalanda-monastery.eu.

After admission you will receive all necessary course materials.



Madhyamaka
Supplement to the Middle Way
FEB - 2026 | JUL - 2027
part of the
FPMT Masters Program
Residential & Online - French & English

For more information & to apply:
<https://nalanda-monastery.eu/masters-program/>

Or email to:
mp@nalanda-monastery.eu



Starting in February 2026

We are happy to announce the start of the ***Middle Way topic***, a part of the *FPMT Masters Program* taught by Geshe Gyaltzen at Nalanda Monastery, from February 2026 and will last for one and a half year, both in French and English. You can join this profound teaching either **online** or **in person**.

If you wish to study the subtleties of the profound Middle Way philosophy propounded by the Masters of the ancient Nalanda University (India) in the beautiful monastic environment of Southern France, surrounded by an experienced and diverse Western Sangha. These are deeply transformative teachings on emptiness that can unlock the true potential of the mind.

RECEIVING ORINATION FROM HIS HOLINESS THE DALAI LAMA



A very rare and precious opportunity!

If one is considering **taking ordination as a novice** (male or female) or as a **fully ordained monk** (male only) with His Holiness the Dalai Lama in Dharamsala in February/March 2026, please complete an application form **by 31st October**. Applications received after this date will not be considered.

In order to be ordained, you must attend a **pre-ordination course** and fulfil certain prerequisites. For non-Himalayans, this is the only way to be ordained at that time. For more information, please contact Canadian **Geshe Tenzin Norbu** at monastic.ordination@gmail.com and **Tenzin Tsepag** at His Holiness' Office at tsepag@dalailama.com.

More information about
the Pre-Ordination Course

SHARING THE DAILY LIFE AT THE MONASTERY



NALANDA
MONASTERY

Buddhist Monastery in the Tibetan Gelukpa Tradition

DISCOVER OR DEEPEN
YOUR KNOWLEDGE OF
BUDDHISM

HELP THE MONASTERY

JOIN A SPIRITUAL
COMMUNITY

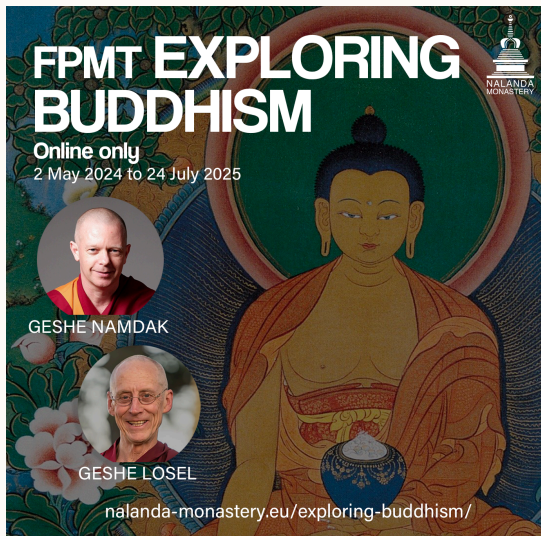
VOLUNTEER *at* NALANDA

FOR MORE
INFORMATION

WRITE TO
KYC@NALANDA-
MONASTERY.EU



NALANDA MONASTERY
36 RUE DU DR EMERY COMPAYRE
81500, LABASTIDE-SAINT-GEORGES, FRANCE



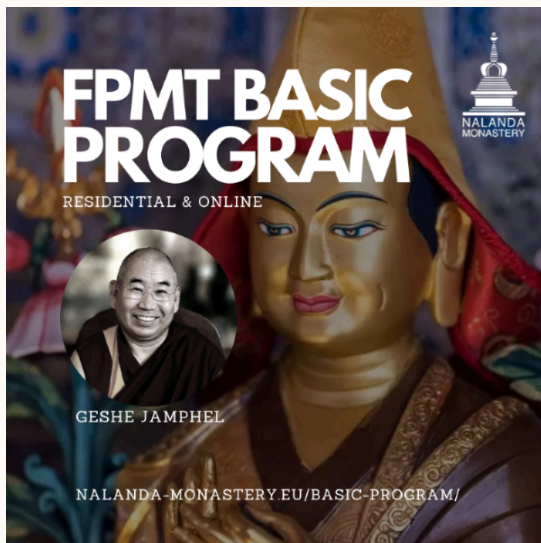
FPMT Exploring Buddhism

with Geshe Tenzin Namdak and
Geshe Tenzin Losel

Join this special online long-term course that was co-developed by senior FPMT teachers. Conceived as a bridge between the foundation-level Discovering Buddhism and the FPMT Basic Program, the course presents selected topics that provide a strong basis for more advanced study. Teachings take place once a week, only online.

🔔 ongoing
🗣️ in English with translation in French
📍 online

information and
registration



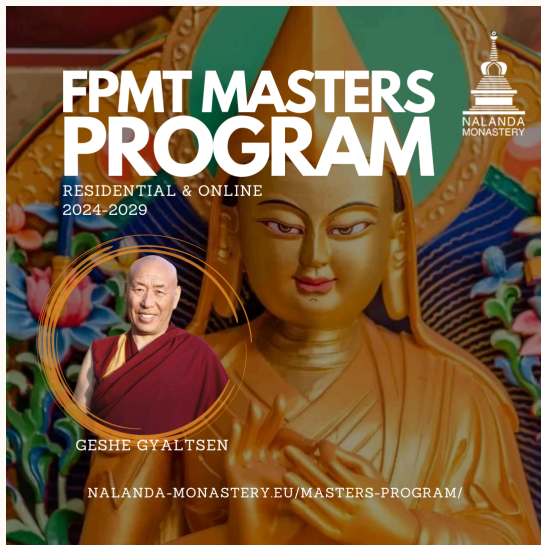
FPMT Basic Program 2023-2028

with Geshe Jamphel

Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

🔔 ongoing
🗣️ in Tibetan with translation in English, French & Spanish
📍 in person and online

information and
registration



FPMT Masters Program 2024-2030

with Geshe Gyaltsen

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

- 🔔 ongoing
- 🗣️ in Tibetan with translation in English and French
- 🏠 retreat: in person | teachings: in person and online

information and
registration

SUPPORT NALANDA

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people, ordained or not, from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

DONATE



Nalanda Monastery

36 Rue du Dr Emery Compayre, Rouzegas, 81500, Labastide St. Georges

Affiliated with the [FPMT](#)

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