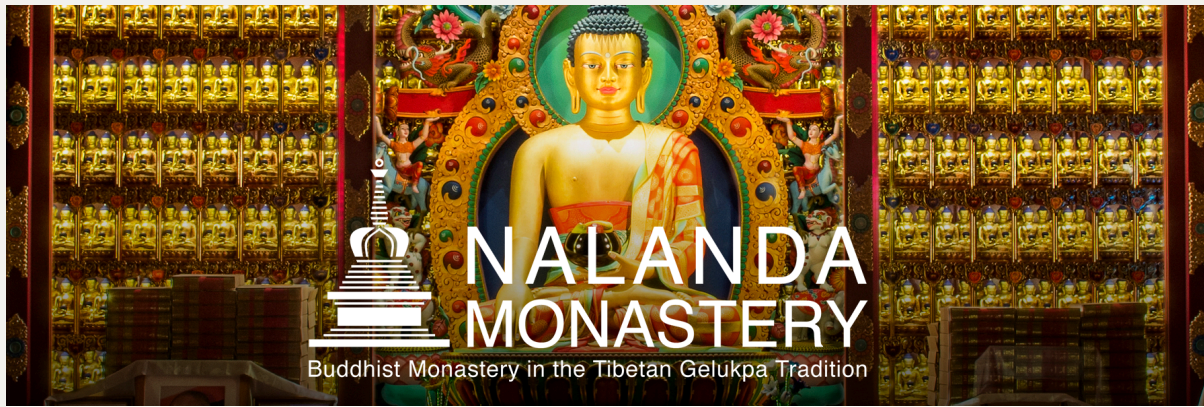




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AUGUST 2026

NALANDA MONASTERY NEWSLETTER



“When there are fires, the best thing to do is rely on the Medicine Buddha, to do Medicine Buddha puja.”

Lama Thubten Zopa Rinpoche

Image created by artificial intelligence

Dear {{ contact.FIRSTNAME }},

Please find our latest news for June 2026!

1. Lama Zopa's advice to dispel fire
2. Medicine Buddha pujas and mandala (monks of Sera Lachi)
3. Offering blessed organic vegetables to the community
4. Planetary Crisis Summit at Nalanda
5. His Eminence Jhado Rinpoche's program in October
6. Taking ordination from His Eminence Jhado Rinpoche

LAMA ZOPA RINPOCHE'S ADVICE TO DISPEL FIRE



Lama Thubten Zopa Rinpoche.

Lama Zopa Rinpoche gave advice to dispel and protect from fire which includes instruction on [Medicine Buddha](#) practice, White Umbrella practice, the [Heart Mantra of Arya Vairochana](#), [Kshitigarbha practice](#), [Chenrezig](#) practice, and more. One can download the [“Practices and Advice to Dispel Fires.”](#)

More information



Mandala of the Medicine Buddha.

From Monday 3 to Saturday 8 August, four monks of Sera Lachi will perform every morning:

9.00 to 9.30, **Medicine Buddha puja**.

10.00 to 12.00, they will create the **sand mandala** representing the celestial palace of Sangye Menlha (Medicine Buddha).

Sunday 9 August:

11.00 to 12.00: **dissolution of the mandala** and distribution of the blessed sand.



Mandala of the Medicine Buddha.

You can ask for a dedication for yourself or others (minimum suggested donation of 10€ per name). You can ask for other specific pujas or house blessings, etc. Please contact Geshe Norbu at spc@nalanda-monastery.eu.

Your donation

OFFERING BLESSED ORGANIC VEGETABLES TO THE COMMUNITY

There is a profound beauty in offering blessed organic vegetables to our community. Organic food is wonderful, but when it is grown with love and respect to life and the land, it becomes something far more extraordinary.



In the monastery's garden, we do our best not to harm any living being. This earth is the home of the insects, ants, and mice, and we do our best to care for them as we work. If a line of ants comes through, we simply move a meter away and continue our work elsewhere. This quiet reverence for every small creature is a form of nourishment in itself—sometimes even more than the fruits and vegetables we nurture and offer to the community.



Our work is meant to be shared with everyone in complete harmony with nature. We want to remind everyone of the delicacy, richness, and preciousness of the

living world around us. In the end, our fruits and vegetables taste so much sweeter because they are grown with love and respect for every living thing.

**Support the various project
of the garden**

PLANETARY CRISIS SUMMIT AT NALANDA

Saturday 5 September from 9:30 -18:00 (CET)

Sunday 6 September 10:00 -17.30 (CET)

“Imagining the future we want to create”.

The power of imagination, inspired by the Buddha’s teachings, becomes a tool to create the future we want to see for our children.

An hybrid format: come with us in Nalanda Monastery to join teachings and meditations in the morning, while other European centres and individuals will follow on zoom. In the afternoon, each center will engage in conversation and reflection within their own community.

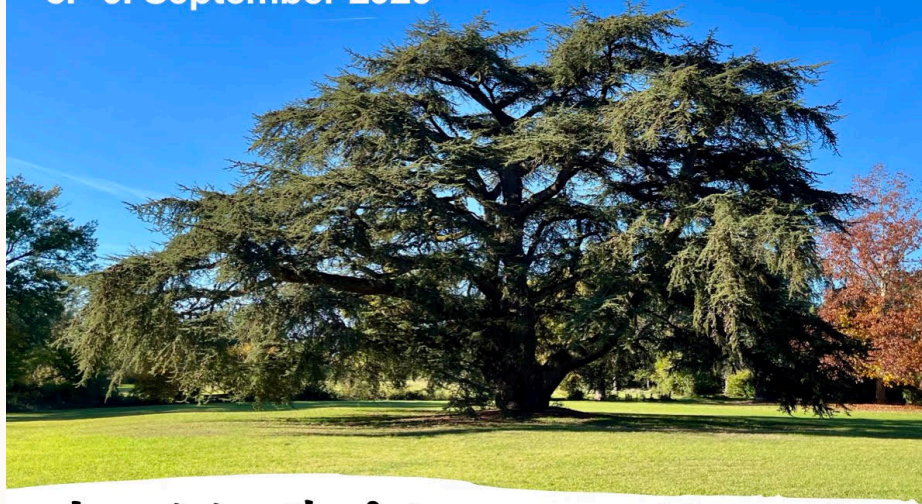
With interviews of Serkong Tsenshab Rinpoche and Geshe Tenzin Zopa recorded this summer.

Read more: <https://nalanda-monastery.eu/fpmt-planetary-crisis-summit-2026/>

Planetary Crisis Summit

A Buddhist Approach For A Better Future

5.- 6. September 2026



Imagining the future we want to create

Join us at Nalanda
Monastery

36 Rue Dr Emery Compayre
81500 Labastide St. Georges

Saturday: 9:30 -18:00h

Sunday: 10:00 -17:30h

<http://www.nalanda-monastery.eu>
ecodharma@nalanda-monastery.eu

<https://nalanda-monastery.eu/fpmt-planetary-crisis-summit-2026/>



Saturday: "Imagination"

The power of imagination helps creating the future we want to see for our children.

Sunday: "Wisdom and Compassion"

Buddha's teachings of interdependence and compassion can inspire us to initiate the change we like to see in the world by transforming our own mistaken views.

- **Morning program:**

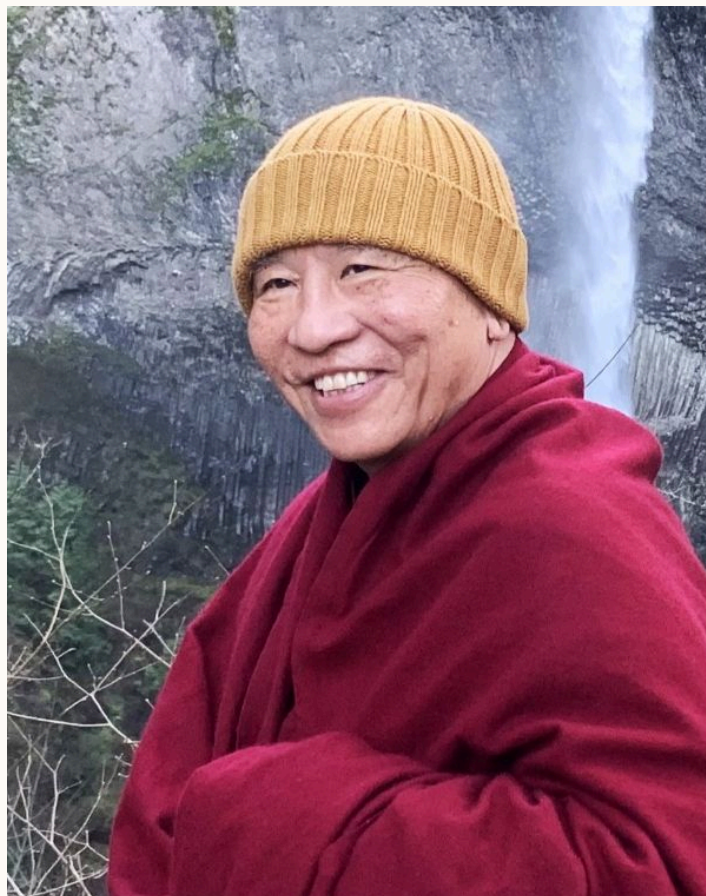
- Teachings/presentations, guided meditation by FPMT teachers and Nalanda monks.

- **Afternoon program:**

- We come together to, discuss the morning talks, meditate, and share our thoughts and experiences.
- Group activities based on Joanna Macy's work.

"To care for the environment is to care for all living beings and the future generations yet to come." H.H. the 14. Dalai Lama

HIS EMINENCE JHADO RINPOCHE 'S PROGRAM
IN OCTOBER



His Eminence Jhado Rinpoche in the US, Feb 2026.

As most of you already know, **His Eminence Jhado Rinpoche** will give an intense set of initiations and teachings at Nalanda Monastery from Thursday 15 to Friday 23 October.

<https://nalanda-monastery.eu/his-eminence-jhado-rinpoche-10-26/>

The number of applications exceeding the number of seats within our main gompas during the 3 days of Guhyasamaja initiation, we hired the village hall located at 1km from Nalanda. Therefore, registrations are still open. We still have few beds for men and women at Nalanda and Maitreya Pure Land. Our accommodation team will propose you few other options outside the monastery. We will try our best to organize shuttles.

Please write to: accommodation@nalanda-monastery.eu

TAKING ORDINATION WITH HIS EMINENCE JHADO RINPOCHE

20 or 22 October 2026



His Eminence Jhado Rinpoche in the US, Feb 2026.

His Eminence Jhado Rinpoche kindly accepted to give Getsul and Getsul-ma ordination as well as Gelong ordination on the 20 or 22 October.

For more information, please contact Geshe Norbu at spc@nalanda-monastery.eu.

A INDIVIDUAL RETREAT (for men and women)

You can do a personal retreat within the quiet and blessed environment of **Nalanda Monastery** or in **Maitreya Pure Land**, our retreat center next door.

Retreat huts at Nalanda (only for men)

You can use one of our two wooden huts located within the actual boundaries of our monastery. A toilet block has recently been built specifically for this purpose, with two showers and two toilets.

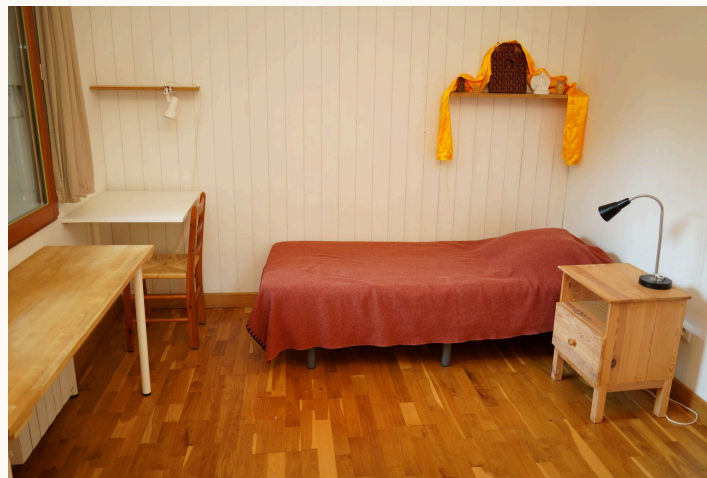
Full board until 31/12/2026

Per day: 64€

Per week: 403€

Per 2 weeks: 768€

Per month: 1,152€





Individual retreat room at Maitreya Pure Land (for men and women)

You can also do a personal retreat at “Maitreya Pure Land”, our retreat Center nearby and enjoy the beautiful park and huge trees near the river.

This retreat center has been **blessed by Lama Zopa Rinpoche** in 2019.

We have rooms with private bathroom or rooms with shared bathrooms.

Individual room with private bathroom (full board until 31/12/2026)

Per day: 71€

Per week: 447€

Per 2 weeks: 852€

Per month: 1,278€

Individual room with shared bathroom (full board until 31/12/2026)

Per day: 64€

Per week: 403€

Per 2 weeks: 768€

Per month: 1,152€



[More information](#)

ANNUAL FPMT MOST SECRET HAYAGRIVA RETREAT WITH GOMDE RINPOCHEA

12 to 29 August 2026



You can still register to participate to this exceptionnal event.

"The Most Secret Hayagriva is the practice/commitment that Lama Yeshe gave to Lama Zopa Rinpoche to do the retreat every year for the protection and

success of all the FPMT. So now that Rinpoche is no longer with us, we are organising the group retreat every year with this specific purpose of removing obstacles and bringing success to the FPMT organization, centers, projects and services. One needs the initiation to attend."

Ven. Roger

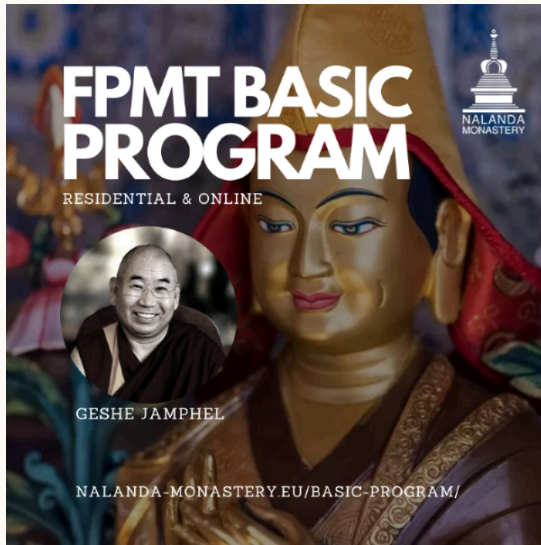
More information

SHARE THE DAILY LIFE AT NALANDA



If you like to share the peaceful and happy life within the monastery, discover or study a bit more Buddhism, please contact Martin at kyc@nalanda-monastery.eu.

STUDY PROGRAMS



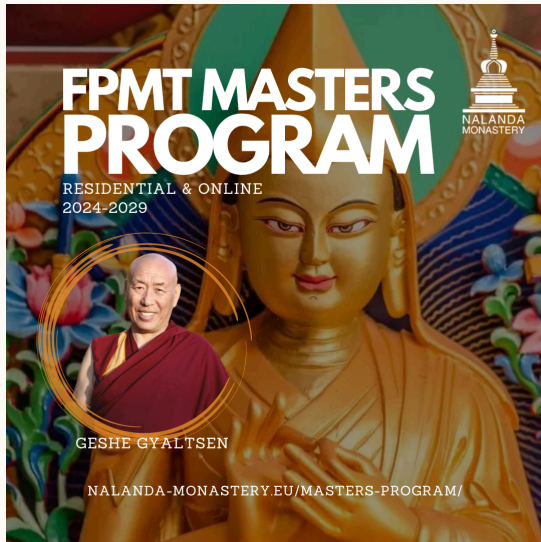
FPMT Basic Program 2023-2028

with Geshe Jampel

Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

🔔 ongoing
🌐 in Tibetan with translation in English, French & Spanish
📍 in person and online

information and
registration



FPMT Masters Program 2024-2029

with Geshe Gyaltsen

⚠️ Registrations are closed, but you can still follow Geshe Gyaltsen's teaching as a listener.

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

🔔 ongoing
🌐 in Tibetan with translation in English and French
📍 retreat: in person | teachings: in person and online

information and
registration

SUPPORT NALANDA

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people, ordained or not, from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

DONATE



Nalanda Monastery

36 Rue du Dr Emery Compayre, Rouzegas, 81500, Labastide St. Georges

Affiliated with the [FPMT](#)

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