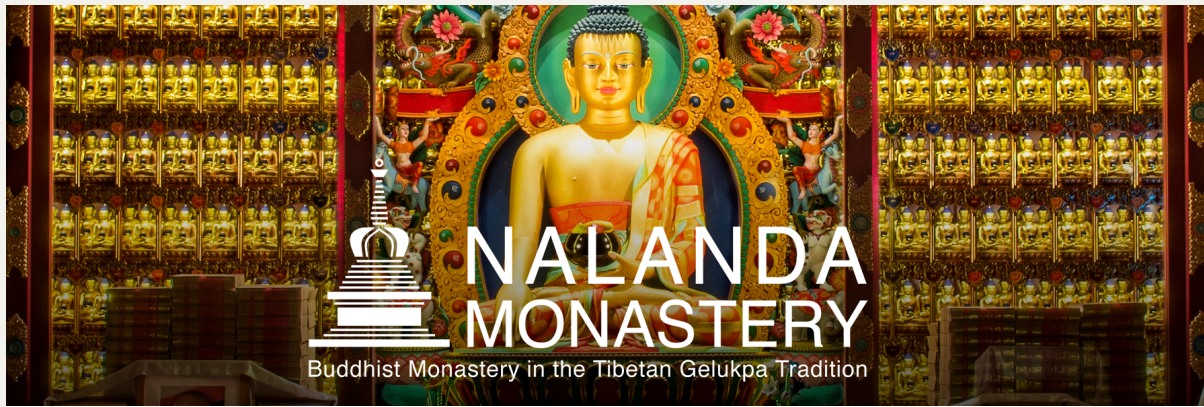




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JUNE 2026

NALANDA MONASTERY NEWSLETTER



"The most happy thing in my life, the most fulfilling thing is to work for and to benefit sentient beings. Even just the mere thought to cause happiness to sentient beings, to benefit them, to free them from suffering is the BEST offering to all the buddhas and bodhisattvas. This is the best offering, the best puja; this is what pleases their holy mind most."

Lama Thubten Zopa Rinpoche

Dear {{ contact.FIRSTNAME }},

Please find our latest news for June 2026!

His Eminence Ling Rinpoche's Arrival

Registrations open for His Eminence Jhado Rinpoche!

15 to 23 October

Vinaya teachings on Sojong

30 June to 4 July

Participate in the Global Mani Retreat

11 July to 1st August

Thank you to all our kinds sponsors

Grand Europe Monlam in Paris

6 to 8 July

Reminder of this summer's programme

HIS EMINENCE LING RINPOCHE'S ARRIVAL



We are very pleased to welcome His Eminence Ling Rinpoche back to Nalanda Monastery for [a very special week-end of initiations and teachings!](#)

Registrations have now closed, but it is still possible to attend the teachings and initiations from the Zen Garden at Nalanda, just below the gompas, where they will be broadcast on a TV screen. Registrations for meals are also closed - you are welcome, however, to bring your own vegetarian food. If you receive the

Kriya Tantra initiations, please be mindful of avoiding "black food" (meat, fish, eggs, onions, garlic and black radishes).

More information

REGISTRATIONS OPEN FOR HIS EMINENCE JHADO RINPOCHE!

15-23 October

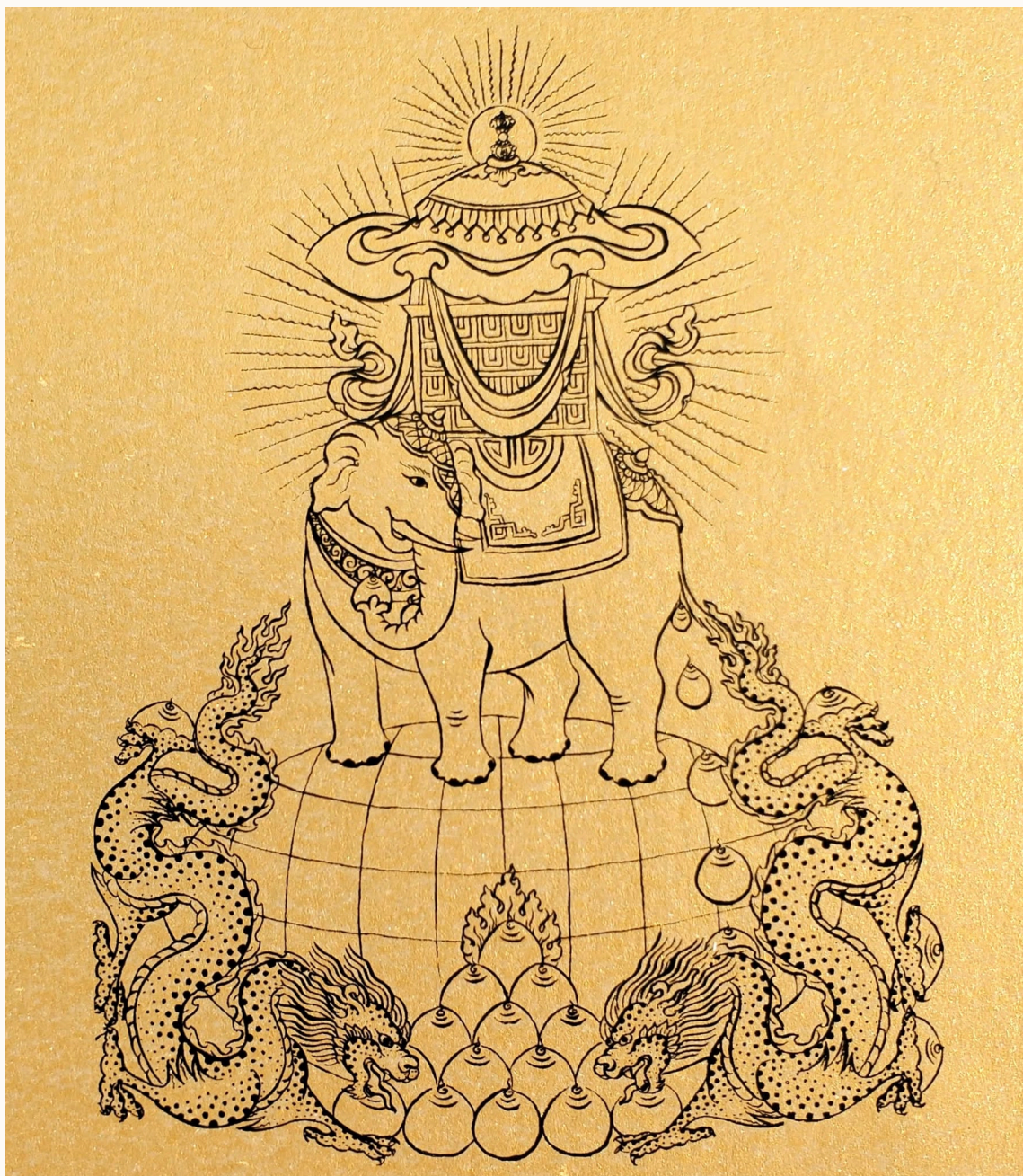


We are very happy to announce that **His Eminence Jhado Rinpoche** will visit Nalanda Monastery from **15 to 23 October 2026**, as part of his European tour. One of the greatest living masters in the Gelug tradition, Rinpoche is renowned for his sharp intelligence and erudition, his ability to teach Western students, and his immense kindness. He will offer a rich programme including **the Guhyasamaja initiation, the Most Secret Hayagriva initiation, a Commentary on the Eight Verses of Mind Training** (onsite and online), and an **Experiential Commentary on the Guru Puja** (*Nyamtri*, onsite only). Registration is now open - places in the gompa are limited to 110.

**More information and
registration**

VINAYA TEACHINGS ON SOJONG

30 June to 4 July



We are delighted to announce a special 5 days of teachings on the Vinaya, focusing primarily on the practice of Sojong. We are very fortunate that **Geshe Gyaltsen** has agreed to lead these teachings and that **Geshe Losel** has accepted to provide an English translation.

These teachings are open to all ordained Sangha, in person and via Zoom. For those in different time zones or unable to attend live, recordings will be made available later.

Schedule:

Teachings Geshe Gyaltsen [10 am to 12 pm]

If you want to follow this teaching online or download the text (in English), please contact Geshe Norbu, our Spiritual Program Coordinator at spc@nalanda-monastery.eu

More information

PARTICIPATE IN THE GLOBAL MANI RETREAT

11 July to 1st August



Help bring to life one of Lama Zopa Rinpoche's visions for world peace. From July 11 to August 1, 2026, Nalanda Monastery opens its doors for four days of Avalokiteshvara mantra recitation. **Each session will be conducted in French and English, both in person and online.**

- Saturday, July 11, from 10 a.m. to 12 p.m. and from 3 p.m. to 5 p.m.
 - Saturday, July 18, from 10 a.m. to 12 p.m. and from 3 p.m. to 5 p.m.
- (Choekor Duchen, there will also be a Guru Puja at 07:00)

- Saturday, July 25, from 10 a.m. to 12 p.m. and from 3 p.m. to 5 p.m.
- Saturday, August 1, from 10 a.m. to 12 p.m. and from 3 p.m. to 5 p.m.

The MANI World Retreat connects centers and practitioners around the world in a powerful collective dedication of merits through the recitation of the Avalokiteshvara mantra (Om Mani Padme Hung).

By joining a session, your personal practice becomes part of a global wave of compassion, aimed at the well-being of countless beings and universal harmony. The number of recitations by each participant will be counted and added to the global tally of all other partner centers.

Everyone is welcome! Come for a single session, a full day, or join us every week!

The link for the sessions will be sent in the July newsletter.

[More information](#)

GRAND EUROPE MONLAM IN PARIS

6 to 8 July 2026



Nalanda Monastery is honoured and delighted to be participating in **the Grand Europe Monlam** in Paris **from 6 to 8 July**. This event is organised by Gaden Tri-Thok Khang, the US Chotrul Monlam Association, the CMC Europe Association, and Dechen Woessel Ling.

📍 Palais Royal, 55, route de Garges, 95200 Sarcelles

Our abbot, Geshe Jamphel-la; our resident teacher, Geshe Gyaltsen-la; and some monks and nuns will travel to Paris to bring the large throne and other necessary items, and to participate in this significant prayer festival. This is an occasion to celebrate the 91st anniversary of His Holiness the Dalai Lama and conclude the Year of Compassion, which has been dedicated to His Holiness's long and healthy life.

His Eminence Gaden Tri Rinpoche Lobsang Dorje, His Eminence Jangtse Choeje Gosok Rinpoche and His Eminence Sharpa Choeje Rinpoche have been invited.

Join us for this highly meaningful celebration!

*Save the date: the next Monlam at Nalanda will be **from 18 to 21 February 2027** (Choetrul Duchon being the 20 February). More information to come!*



Offering music to the Three Rares and Sublimes

The gyaling, also known as the "Chinese trumpet", is a traditional woodwind instrument used in Tibetan Buddhist monasteries during religious ceremonies. To play the gyaling, circular breathing is required, enabling inhalation and exhalation simultaneously. Geshe Tenzin Norbu-la has learnt this technique. [Listen to a short sample!](#)



Filling the Lama Tsongkhapa statue with mantras

We would like to thank everyone who contributed to the purchase of new mantras for the statues of Lama Tsongkhapa and his two disciples, Khedrup Je and Gyaltsab Je.

Geshe Jampa Kalden from Sera, who is a classmate of our abbot, Geshe Jamphel, will be staying in Nalanda for a few weeks to fill these very important statues.

You will be invited for the blessing of the statues. More info in our July newsletter!



Geshe Gyaltsen and Geshe Jampa Kalden paint the interiors of the statues of Lama Tsongkhapa and his two disciples before placing the mantras inside them.

A QUICK REMINDER OF THIS SUMMER'S PROGRAM

His Eminence Ling Rinpoche - 13-14 June

Registrations have now closed, but it is still possible to attend the teachings and initiations from the Zen Garden at Nalanda - more information at the top of the newsletter!

Saturday 13 June

10:00–12:00: Commentary on Lama Tsongkhapa's "Three Principles of the Path" (onsite or online)

14:00–16:00: White Umbrella initiation (*Sitatapatra*) — onsite only

Sunday 14 June

10:00–12:00: Long Life Initiation from White Tara — onsite only

14:00–16:00: Commentary on Lama Tsongkhapa's "Three Principles of the Path" (onsite or online)

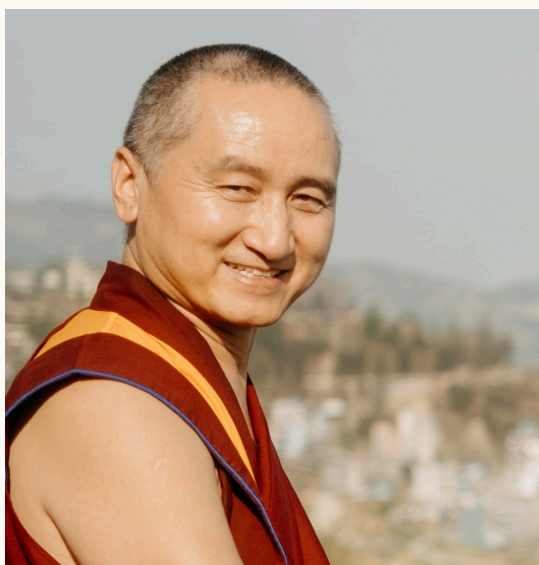


More information and registration

Geshe Tenzin Zopa - 24-28 June

Each day

10:00–12:00 and 14:30–16:30:
Teaching on Lama Tsongkhapa's
"Songs of Experience" (Lamrim)



More information and registration

Serkong Rinpoche - 29 June

Monday 29 June 2026:

10:00–12:00: teachings on bodhicitta
and taking-and-giving (from Lama
Choepa's Lamrim)

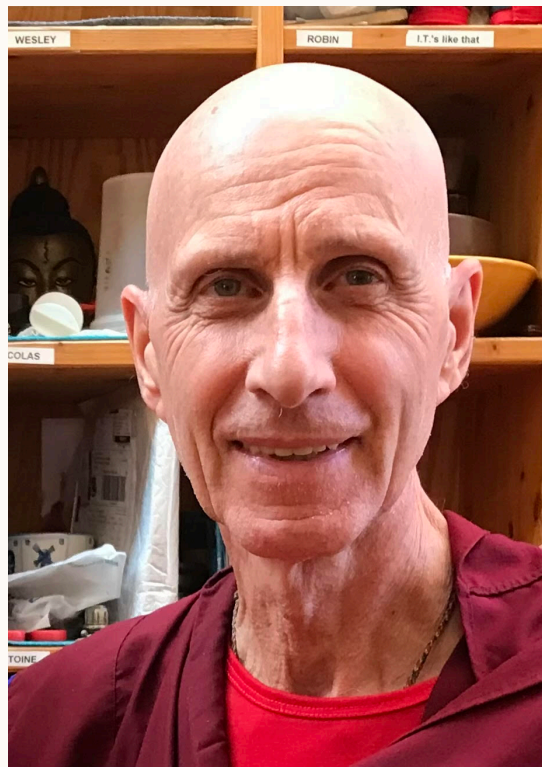
14:30–16:30: inseparability of
Conventional and Ultimate Truths



More information and registration

Mahamudra Retreat - 25-30 July

Five days of intensive retreat with
Tenzin Sherab, a monk from
Nalanda, from Saturday, July 25
(19:00) to Thursday, July 30 (12:00)



[More information and registration](#)

[SHARE THE DAILY LIFE AT NALANDA](#)



**NALANDA
MONASTERY**

Buddhist Monastery in the Tibetan Gelukpa Tradition

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YOUR KNOWLEDGE OF
BUDDHISM**

HELP THE MONASTERY

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VOLUNTEER *at* **NALANDA**

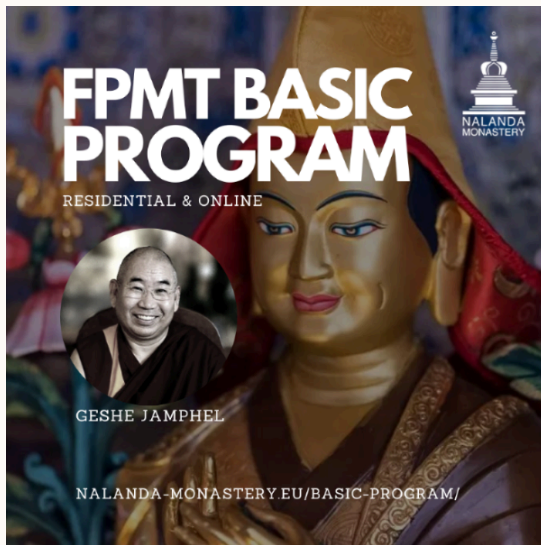
**FOR MORE
INFORMATION**

**WRITE TO
KYC@NALANDA-
MONASTERY.EU**



**NALANDA MONASTERY
36 RUE DU DR EMERY COMPAYRE
81500, LABASTIDE-SAINT-GEORGES, FRANCE**

STUDY PROGRAMS



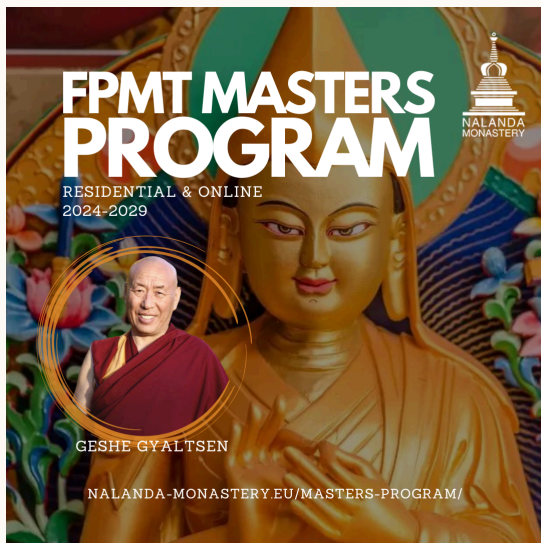
FPMT Basic Program 2023-2028

with Geshe Jampel

Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

🔔 ongoing
🌐 in Tibetan with translation in English, French & Spanish
📍 in person and online

information and
registration



FPMT Masters Program 2024-2029

with Geshe Gyaltsen

⚠️ Registrations are closed, but you can still follow Geshe Gyaltsen's teaching as a listener.

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

🔔 ongoing
🌐 in Tibetan with translation in English and French
📍 retreat: in person | teachings: in person and online

information and
registration

SUPPORT NALANDA

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people, ordained or not, from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

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Nalanda Monastery

36 Rue du Dr Emery Compayre, Rouzegas, 81500, Labastide St. Georges

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