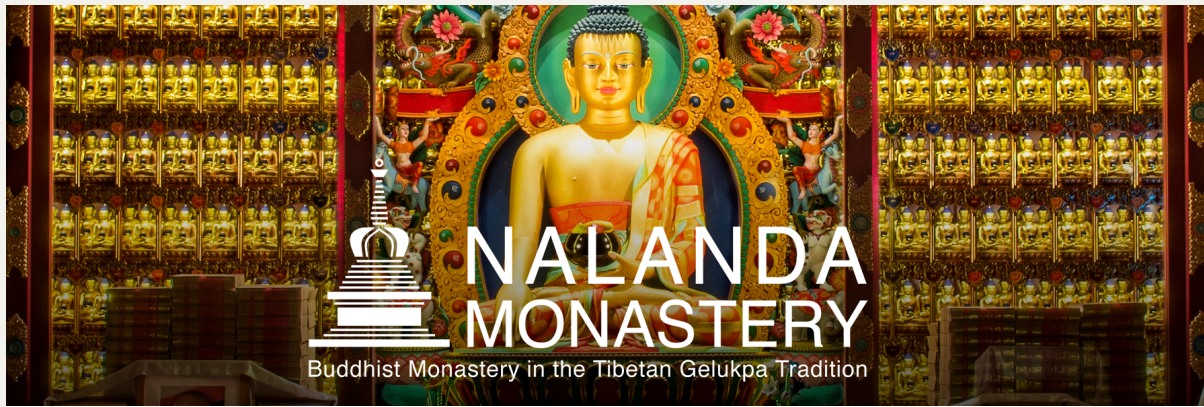




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SEPTEMBER 2026

NALANDA MONASTERY NEWSLETTER



"If Buddha were to return to our world, he would certainly be connected to the campaign to protect the environment... it's up to us - and especially politicians - to save our planet."

[His Holiness the Dalai Lama](#)

Dear {{ contact.FIRSTNAME }},

Please find our latest news for September 2026!

Compassion in action: relief for Nepal and Tibet

Jhado Rinpoche at Nalanda

15 - 23 October 2026

Dr Lobsang's teachings on Tibetan Medicine

12 - 13 September 2026

Sacred Art workshop

Lama Tsongkhapa and his two disciples are settled in the main altar

“The best thing to do in your life!”

Le Sommet sur la crise planétaire de 2026 a été un succès !

Back to class at Nalanda!

COMPASSION IN ACTION: RELIEF FOR NEPAL AND TIBET

In light of the **catastrophic flooding that recently hit Nepal and Tibet**, the FPMT Emergency Relief Fund is providing immediate support to those affected by the flooding that occurred on 26 August along the Bhote Koshi River on the Nepal–Tibet border. The FPMT is working directly with the Kopan Monastery and nunnery to identify those most in need and ensure support reaches affected families.



Thank you for keeping all those affected in your prayers and actions.

[Read more and donate](#)

JHADO RINPOCHE AT NALANDA

15 - 23 October 2026

We are happy to announce that **His Eminence Jhado Rinpoche**, one of the greatest living masters in the Gelug tradition, will give a 9-day series of teachings and initiations at Nalanda during his 2026 European tour. Rinpoche will confer **the Guhyasamaja initiation** and **the Most Secret Hayagriva initiation**, followed by **a commentary on the Eight Verses of Mind Training** and an **experiential commentary** (*nyamtri*) on the Guru Puja.



To receive either initiation, participants must take the bodhisattva and tantric vows and commit to reciting the six sessions of Guru Yoga daily. The *nyamtri* on the Guru Puja requires a lifelong daily commitment to reciting the Guru Puja (Lama Chöpa).

You can still register for any of the initiations teaching until **Tuesday 6 October 2026**.

Rinpoche will also give Getsul and Gelong ordination. If you are interested, please contact urgently Geshe Norbu-la at spc@nalanda-monastery.eu

More information

Register here

DR LOBSANG'S TEACHINGS ON TIBETAN MEDICINE

Prof. Dr. Lobsang Shrestha returns to Nalanda for the second weekend of his 2026 series on **Traditional Tibetan Medicine** (Sowa Rigpa), exploring the nature of mind and body, their relationship and functions.

This session will look into the causes of mental and psychosomatic diseases, building on the first weekend held in May. Teachings take place in the main gompa and online, and are open to all.

More information

Register here



The Medicine Buddha.

SACRED ART WORKSHOP

Nalanda's Sacred Art Workshop is one of the few places in Europe where the transmission of **Buddhist sacred art** continues. Its activities include making moulds and tsa-tsas, as well as filling and blessing statues. This work holds an important place in the life of the monastery, as it allows practitioners to purify obscurations and accumulate merit - the practice of making 100,000 tsa-tsas being a well-known preliminary practice on the path. Nalanda's Sacred Arts Workshop is doing the daily tsa-tsas for the deceased from the FPMT "Prayers for the Dead".

We are currently reorganizing the workshop. As it runs entirely on volunteer work, we are doing our best to keep it running smoothly, and we thank you for your patience during this transition.

In the meantime, we are happy to receive your orders for moulds, tsa-tsas, or statue filling - you can consult [our catalogue](#) and place an order [here](#).

We are also raising funds to retile the workshop floor, to turn it into a more professional and practical workspace. The estimated budget for this project is €5,800. If you would like to contribute, **any donation is warmly welcome.**

Donate now



**LAMA TSONGKHAPA AND HIS TWO DISCIPLES
ARE SETTLED IN THE MAIN ALTAR**



The wish of our Abbot Geshe Jamphel-la has been finally accomplished !

Due to the generosity of many sponsors to buy the statues and mantras, and with the help of Geshe Jampa Kalden and Geshe Gyaltsen, our resident teacher who filled and blessed the statues on 21 June, **Lama Tsongkhapa, Gyaltsab-Je and Khedrup-Je** are now present in the altar of the main gompa. Rejoice!

From 12 to 28 August 2026, about 20 practitioners were gathered at Nalanda for the annual FPMT Most Secret Hayagriva retreat.



Due to the presence of Tritul Jampa Kalden Rinpoche (Gomde Rinpoche) and Geshe Tsultrim from Kopan Monastery, and due to the devotion and involvement of all the retreatants, there is no doubt about the immense benefits of this retreat, which will be felt by all beings, as well as contributing to the success of Lama Zopa Rinpoche's reincarnation, and benefiting all FPMT centres and projects in general, and Nalanda Monastery in particular.

All our gratitude to the FPMT Board who made an important donation to support this retreat.

"This retreat is the best thing one can do in life!"

Sara Karlgren

"The night before the fire puja, there was an amazing thunderstorm unlike any I had ever seen before. A deep rumble came from very far away. At first, the sound was barely audible, then the volume gradually increased. Flashes of lightning lit up the darkness of the night and a heavy but gentle

and beneficial rain fell for quite a long time.

It seemed to mirror the retreat itself: a profound practice, beneficial to all beings, which comes from far away and has been passed down from generation to generation since Nagarjuna.”

Thubten Sherab

THE 2026 PLANETARY CRISIS SUMMIT WAS A SUCCESS!

With about 30 people in the gompā and more than 40 individuals or groups on Zoom, the 2026 Planetary Crisis Summit at Nalanda Monastery was a success! You can watch the recordings of the sessions [here](#).



"I feel inspired and nourished by being in this community and getting such strong messages from our teachers."

Lisette Reek

BACK TO CLASS AT NALANDA!

A word from Gregory, FPMT Basic Program Coordinator:

After a “refreshing” summer break, Basic Program students returned to Nalanda full of energy and enthusiasm, ready to resume their studies. On the first day of September, which was also the first day of teachings, the Gompa was nearly full, as the students were eager to continue studying the middle stages of the path, specifically the Shamata and Vipassana chapters. This is actually one of the most technically demanding parts of the whole text, since it delves deep into the five faults, the eight antidotes, the nine stages of calm abiding, and the Madhyamaka analysis of reality.

We would like to thank all the kind sentient beings who have made the programme possible, whether directly or indirectly: teachers, translators, directors, coordinators and students. Thank you for your support.

A word from Venerable Jampa, FPMT Master Program Coordinator:

Around eighty MP students from around the world have again tuned in to the hear the melodious voice of Geshe Gyaltzen, explaining us in great detail the Middle Way philosophy. We have arrived at the part of the text that is like entering a gate, by which we will establish the meaning of the scriptures through reasoning. Thus, we look forward to another three months of internalizing the profound meaning of the Middle Way, and thereby softening our minds and hearts by the power of dependent arising.



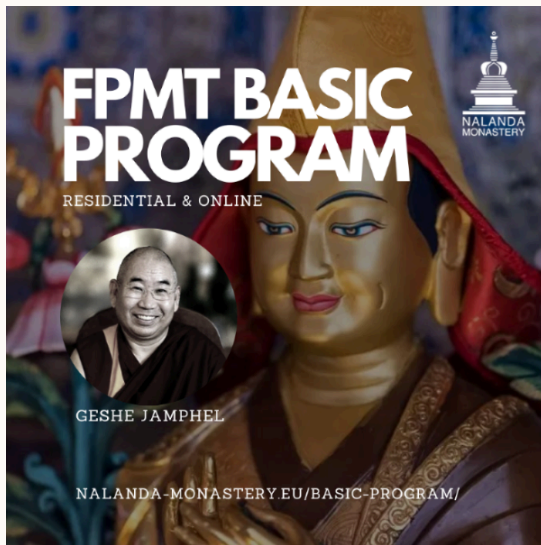
Some of the FPMT MP students having lunch in the park.

SHARE THE DAILY LIFE AT NALANDA



If you like to share the peaceful and happy life within the monastery, or if you would like to discover or study a bit more Buddhism, please contact Martin at kyc@nalanda-monastery.eu

STUDY PROGRAMS



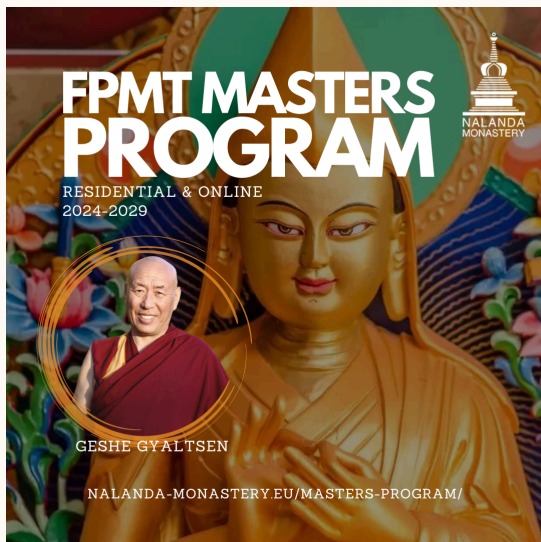
FPMT Basic Program 2023-2028

with Geshe Jamphele

Study the precious teachings of Shakyamuni Buddha in the conducive environment of Nalanda Monastery and learn the complete and unmistakable path to inner freedom and happiness.

 ongoing
 in Tibetan with translation in English, French & Spanish
 in person and online

information and
registration



FPMT Masters Program 2024-2029

with Geshe Gyaltsen

 Registrations are closed, but you can still follow Geshe Gyaltsen's teaching as a listener.

Join us at the largest Tibetan Buddhist monastery in the West to study and practice the main Tibetan and Indian Buddhist texts. Deepen your understanding of the core subjects of Mahayana Buddhism, including Perfection of Wisdom, Middle Way, stages of the path, logic, and tantra.

 ongoing
 in Tibetan with translation in English and French
 retreat: in person | teachings: in person and online

information and
registration

SUPPORT NALANDA

It's only due to your kindness and generosity that Nalanda can continue to create a place for the sangha to live according to their vows and be able to offer conducive conditions for people, ordained or not, from all over the world to study, contemplate and meditate on the precious Buddha Dharma.

DONATE



Nalanda Monastery

36 Rue du Dr Emery Compayre, Rouzegas, 81500, Labastide St. Georges

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